

**Subject:** MI-SAHM June Newsletter

**From:** MI-SAHM [<mailto:adolescenthealth@umich.edu>]

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## Special Edition: 2015 Conference on Adolescent Health

June 2015



*Committed to improving the physical and psychosocial health and well-being of all adolescents through advocacy, clinical care, health promotion, health service delivery, professional development, and research*

### SAHM Listserv

Please join the national SAHM listserv to receive the weekly roundup and stay up to date on research and adolescent news.

Click [here](#) to join!

## MI-SAHM Newsletter

### MI-SAHM Listserv

Please join the Michigan SAHM listserv to receive the quarterly newsletter and receive updates on local job opportunities, relevant research, and events.

Email Vani at [vanims@med.umich.edu](mailto:vanim@med.umich.edu) to join!

## Message from the President

Happy Almost Summer!

It was so amazing to spend 2 days with over 300 people engaged in adolescent health at the 2015 Conference on Adolescent Health. There were medical providers, mental health providers, nurses, dietitians, healthcare center staff, program leadership, health educators, health teachers, and more who attended. I've never been to such a truly multidisciplinary conference before. MI-SAHM sponsored the conference reception to facilitate networking, and sponsored 2 students to attend the conference to help build the future adolescent health workforce.



At the conference 54 additional people joined MI-SAHM, and now we are 208 members from around the state. At this point the primary goals of MI-SAHM are to facilitate connections,

### Connect with AHI!

Connect with the Adolescent Health Initiative to stay on top of recent research, events, and initiatives related to adolescent health!

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collaboration, and highlight work within adolescent health in Michigan. Please send me ideas of people and programs who are positively affecting adolescents to highlight in this quarterly newsletter.

MI-SAHM has a listerv ([misahmchapter@umich.edu](mailto:misahmchapter@umich.edu)), and I'm hoping this can be a useful resource for members. Looking for a mental health provider in your area with a specific expertise? Try the listerv. Wondering how to bill insurance for a service? A member of the listerv probably knows. Want a resource for teaching students sex ed? I bet someone already has a great one. Don't hesitate to make use of it!

If you are not a member of the larger [SAHM listerv](#) (MI-SAHM parent organization), I'd encourage you to join that, as well. You don't have to be a SAHM member to be a part of the listerv. There are interesting discussions about adolescent health issues from around the country and a weekly "round-up" of news, research, advocacy issues, etc. related to adolescent health.

MI-SAHM plans to remain dues-free so there are no barriers to membership. However, we do plan to have a yearly funding drive to maintain funds for student scholarships, etc., and I hope many of you will choose to contribute.

Enjoy the sunshine (but always wearing a hat and sunscreen of course),

Maggie Riley, MD  
Chapter President, Michigan Society for Adolescent Health and Medicine (MI-SAHM)  
Medical Director, Adolescent Health Initiative (AHI)  
Medical Director, Regional Alliance for Healthy Schools (RAHS)

## Inspiring Future Adolescent Health Providers

### Trisha Paul - 1st Year Medical Student

I first became interested in the field of Pediatrics when I was a teenager, when I realized that physicians were uniquely positioned to support adolescents like me as we develop a sense of self, navigate our own health, and learn to take charge of our well-being. Now, as a first year medical student at the University of Michigan Medical School, I am passionate about exploring adolescent health in my medical education and future career.

At the 2015 AHI Conference on Adolescent Health, I learned so much about the broader challenges faced by healthcare professionals that care for this unique population. It was exciting to be amidst such an interdisciplinary group of people who were all

## Upcoming Events

### [AAFP Infant, Child, and Adolescent Medicine Live Course](#)

June 10-13, 2015  
Reston, VA

### [National School-Based Health Care Convention](#)

June 16-19, 2015  
Austin, TX

### [2015 National Sexual Health Conference](#)

July 13-14, 2015  
Keystone, CO

### [Moving Toward Solutions: Addressing Teen Pregnancy Prevention in Michigan](#)

August 16-18, 2015  
Kalamazoo, MI

### [AAP Practical Pediatrics CME Course](#)

September 4-6, 2015  
Chicago, IL

### [Healthy Teen Network's 2015 Conference: Youth 360](#)

October 13-16, 2015  
Baltimore, MD

### [American School Health Association School Health Conference](#)

October 15-17, 2015  
Orlando, FL

### [Eyes Open Iowa Annual Conference](#)

October 22-23, 2015  
Johnston, IA

### [APHA Annual Meeting: Health in All Policies](#)

October 31 - November 4, 2015  
Chicago, IL

### [AAP Practical Pediatrics CME Course](#)

passionate about promoting adolescent health and well-being. I was struck by how adolescents were involved in the conference and were empowered to educate and participate meaningfully.

This experience helped me to tease out many of the aspects of adolescent health that intrigue, surprise, and motivate me. I am excited to join the MI-SAHM community, and I look forward to continuing to explore and advocate for adolescent health!

November 13-15, 2015  
Phoenix, AZ

[National Sex Ed Conference](#)  
December 9-11, 2015  
New Brunswick, NJ

Interested in continuing education related to adolescent health? Check out the real-time and on-demand trainings available through the [Michigan Public Health Training Center](#).

### Event Suggestions?

If you would like to add an event to the MI-SAHM newsletter or the AHI website events page, contact [adolescenthealth@umich.edu](mailto:adolescenthealth@umich.edu).

## MI-SAHM Poster Presenters

### Congratulations to MI-SAHM Poster Presenters!

There were 15 MI-SAHM members who were first authors on a poster at the 2015 Conference on Adolescent Health. Congratulations to all of you for your amazing work throughout the state and for advancing adolescent healthcare in Michigan!

Heather Alberda, BA	Wear One : A Condom Distribution Campaign
Lorrie Carbone, MSW	Epilepsy Education: Parents and Adolescents Learn Differently
Richard Dopp, MD	Exercise and Adolescent Depression: Biomarkers of Metabolism and Sleep
Andria Eisman, MPH, PhD	Trajectories of Participation Among Urban Adolescents: An Analysis of Predisposing Factors
Susan Ernst, MD	Awareness and Knowledge of Long Acting Reversible Contraception among Young Women on a College Campus
Taryl Gal, MPH, CPH, CHES	BAMM GSAs: Improving Social & Health Outcomes for LGBTQ Youth
Jessica Hamel, MA	Preventing Adolescent Pregnancy and Sexually Transmitted Infections: The Importance of Addressing Dual Contraceptive Use Among Adolescent Females
Natalie Kasiborski, PhD, LMSW, MPH	Integrating Care within a School-Based Health Center: Increasing Capacity through the Expanded Role of Mental Health Professionals
Elizabeth Kuzma, DNP, FNP-BC	Michigan School-Based Health Centers Should Provide Comprehensive Adolescent

	Reproductive Health Services: A Policy Analysis
Christine Medaugh, MD	An Integrative Approach to Childhood Obesity: Taking Patient Care Beyond the Office Setting
Vani Patterson, MPH	The Adolescent Centered Environment Toolkit Drives Health Centers To Become Adolescent Medical Homes
Trisha Paul, BS	Chronicling Childhood Cancer: Illuminating the Illness Experience through Narrative
Gwendolyn Reyes, MD	Prevalence of Energy Drink Consumption in Adolescents
Maggie Riley, MD	A Medical Student Driven "Vaccine Blitz" at a School-Based Health Center as an Effective Way to Improve Adolescent Vaccination Rates
Anju Sawni, MD, FAAP	Feasibility & Perception of Cell Phone Based, Health Related Communication with Teens in an Economically Depressed Area

*Thank you 2015 sponsors!*

Sponsor Highlight  
Michigan Department  
of Health and Human  
Services



The Michigan Department of Health and Human Services's Division of Family and Community Health Child, Adolescent and School Health Section aims to achieve the best possible physical, intellectual and emotional status of children, adolescents and young adults. MDHHS embraces the notion that healthy kids learn better. Learn more on the MDHHS [website!](#)

Sponsor Highlight  
University of Michigan Von  
Voigtlander Women's Hospital



University of Michigan Von Voigtlander

Women's Hospital is a leader in women's health care. Consistently ranked among America's top gynecology programs by U.S. News & World Report, U-M is committed to providing unsurpassed specialty care for women. Learn more on the Von Voigtlander [website!](#)

## Sponsor Highlight University of Michigan C.S. Mott Children's Hospital



**C.S. MOTT  
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University of Michigan C.S. Mott Children's Hospital is consistently ranked one of the best children's hospitals in the country. In 2014, U.S. News & World Report once again ranked Mott Children's Hospital among the best children's hospitals in the nation in all 10 categories, more than any other hospital in Michigan. Learn more on the Mott [website!](#)

## Sponsor Highlight Henry Ford Health System



HFHS is one of the nation's leading comprehensive, integrated health systems, committed to improving the health and well-being of a diverse community. HFHS's School Based and Community Health Program (SBCHP) includes a network of health services in 16 School & Community-based locations in and around Detroit, as well as two mobile medical units. Learn more on the HFHS [website!](#)

## Sponsor Highlight University of Michigan School of Public Health



Public health encompasses every one of the seven billion people on the face of the earth, and all the richness, depth, poverty, and challenge of the vastly different lives we lead. SPH offers programs in Biostatistics, Environmental Health Sciences, Health Behavior and Health Education, Health Management and Policy, Nutritional Sciences, and Health Informatics. Learn more on the SPH [website!](#)

## Corner Health Center Expands Age Range

The Corner Health Center has increased the upper end of its patient age range from 21 to 25 years of age. This will provide continuity for future patients and will enable the Corner provide care for more young people and their children.

It is clear from Beatriz Luna's opening remarks on the adolescent brain that this change certainly reflects the science surrounding adolescent neuroscience and brain development research. Bravo, Corner!

## Highlight Nominations

Do you know of a great adolescent health professional and/or program?

Email us at [adolescenthealth@umich.edu](mailto:adolescenthealth@umich.edu) so we can highlight them in future newsletters!



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