**Examples of Youth- Friendly Dental Practices**

* Offer services that are accessible to youth
* Have a welcoming environment
* Use strengths-based approaches to care
* Encourage adolescents to return for follow-up care
* Collect feedback from adolescent patients

Take a moment to reflect upon a recent interaction with an adolescent patient.

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**Reflection Questions:**

1. **Did you utilize any strengths-based approaches?**
2. **Were there any opportunities to make the interaction more strengths-based?**

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**Youth**: “While I was waiting for my name to be called at the dentist office, my battery died on my cell phone! I literally cannot be without my phone, so I left. I’ll just make an appointment for some other time.”

**Reflection Questions**:

1. **What youth-friendly practices could the dentist office use to address this situation?**
2. **What could your dental office do to avoid this situation?**

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**Youth**: “It was starting to get hard for me to find a good time to schedule a dentist appointment between my basketball practice and after school tutoring. Luckily, the mobile dental unit is coming to our school next month, so I won’t have to miss school or practice!”

**Reflection Question:**

1. **What youth-friendly practice addresses this situation?**
2. **What are some ways your dental office could extend its reach to accommodate adolescent patients?**