

## PRIMARY CARE OFFICE

**Definition:** Primary care is the integration of health care services to include health promotion, prevention, education, and maintenance through establishing strong partnership between providers and patients. Primary care practices, primarily made up of physicians, nurse practitioners, and physician assistants, serve a wide range of ages within the context of family and the community.<sup>i</sup>

### How You Know:<sup>ii</sup>

- The health center serves as a patient’s entry into the medical system; primary care offices can make referrals for patients to see a specialist if needed.
- Patients will typically make an appointment with the same provider, establishing a provider-patient trusting relationship.
- Primary care offices can be funded publically and privately. Example: a Federally Qualified Health Center can provide primary care.

## FEDERALLY QUALIFIED HEALTH CENTER

**Definition:** Federally Qualified Health Centers (FQHCs) are health centers that provide a comprehensive set of primary health care services that qualify for reimbursement systems under Medicare and Medicaid. To be qualified as an FQHC, clinics must apply for Health Center Program funding through the federal Health Resources & Services Administration (HRSA) and must meet their designation requirements.<sup>iii</sup>

### How You Know:

- Primarily serves patients federally designated as Medically Underserved Areas/Populations (MUA or MUP).
- FQHCs provide services on a sliding scale to patients with incomes below 200 percent of the federal poverty guidelines.
- Has a governing board of directors made up in large part by patients who receive care at the FQHC.<sup>iv</sup>

## SCHOOL-BASED HEALTH CENTER

**Definition:** A School-Based Health Center (SBHC) is a health center in a school, often associated with a community health organization such as a hospital or health department, that provides a wide range of health care services to students.<sup>v</sup> SBHCs are primarily funded through Medicaid, CHIP, and private insurance reimbursements, while secondarily being funded through federal block grants or general funds from the state.

### How You Know:<sup>vi</sup>

- A typical SBHC provides primary care, behavioral and mental health care, oral care, general health education, substance abuse counselling, and nutrition education.
- School-Based Health Centers are based out of schools (primary, secondary, and university settings).
- SBHCs generally have reduced-cost or free services, particularly when they are federally funded.

## FAMILY PLANNING/TITLE X CLINIC

**Definition:** Family planning clinics, which are commonly funded by under Title X, provide a wide range of reproductive health care services including contraception counseling and provision, breast and cervical cancer screenings, testing and treatment for sexually transmitted infections, and pregnancy testing and counseling.<sup>vii</sup> The Title X (“Title Ten”) Family Planning Program is a federal grant program created in 1970 to provide funding to clinics who deliver comprehensive and confidential family planning services and preventive health services.

**How You Know:**<sup>viii, ix</sup>

- Family planning clinics are most commonly a public health department clinic or a community health center.
- Changes in 2018 at the federal level blocked the availability of funds to clinics from performing, promoting, referring for, or supporting abortion as a method of family planning. Planned Parenthood left the Title X family planning program in August 2019 after these restrictions were enacted.<sup>Error! Bookmark not defined.</sup>

## PLANNED PARENTHOOD

**Definition:**<sup>x</sup> Planned Parenthood is the single largest nonprofit organization that provides reproductive healthcare, including abortion, as well as education and counseling on contraception and other sexual health issues. The organization engages in political advocacy, conducts reproductive health research, and provides evidence-based health education.

**How You Know:**<sup>x</sup>

- Planned Parenthood provides education – and in many case, services – related to the complete range of pregnancy options including pregnancy testing, adoption planning, fertility awareness education, abortion services and referrals, and pre-natal care.
- While some organizations will falsely identify themselves as providing the same services as Planned Parenthood, an authentic Planned Parenthood Center will always identify itself as such and does not go by any other title.
- Planned Parenthood historically received a majority of their funding from Federal Title X grants, but as of 2019, rescinded their participation following changes which prohibit the use of federal funds to family planning providers that offer abortion services.

## CRISIS PREGNANCY CENTER

**Definition:** A Crisis Pregnancy Center (CPC) is a non-profit organization that is often religiously affiliated or affiliated with an umbrella organization that seeks to intercept clients with pregnancies who might be considering having an abortion.<sup>xi</sup> CPCs maintain the appearance of a clinical center by offering services and advice, but are exempt from regulatory licensure.

**How You Know:**<sup>xi</sup>

- Clients are not provided with comprehensive and evidence-based information about all of the options regarding their pregnancy.
- The aim of CPCs is to intercept pregnant clients to deter them from obtaining an abortion by providing information and counseling on adoption and/or parenting, ultrasound imaging, and supplies such as pre-natal vitamins and baby provisions.

## REFERENCES

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