

Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?

- a) Yes
- b) No

Answer: No. All minors have the right to consent to STI testing and treatment without a parent's consent under Ohio law. However, if he pays with his parent's insurance, they may receive an Explanation of Benefits with the STD test listed as a service for Michael.



Carlos is 15 years old and needs mental health care. Which of these statements is true for him?

- a. He can consent to counseling without his parent's knowledge or consent for a limited number of sessions.
- b. If he needs to, he can consent to depression medication without his parent's consent.
- c. If he needs to, he can get inpatient treatment without his parent's consent.

d. Actually, he needs to get his parent's consent for any sort of mental health treatment.

Answer: a. Since he's 15, Carlos can consent to counseling without his parent's knowledge or consent, as minors over 14 can access outpatient mental health services for a limited number of sessions. Carlos's treatment would have to be less than 30 days, or less than 6 visits, as anything that goes beyond that timeframe requires parental consent, along with any medications related to treat his mental health condition.

Remember, it's best practice in most cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



Jade is 16 years old and discloses to her provider that she wants to seek counseling for substance use, without her parents knowing. Can Jade seek these services without her parent's consent?

- a) Yes
- b) No

Answer: Yes, minors in Ohio can seek treatment for alcohol and substance use without their parent's consent if they are 12 years of age or older.

Which of these options below do not require parental consent?

- a) HIV testing
- b) ADHD medication for a 13 year-old
- c) Inpatient mental health treatment for a 13-year-old
- d) HIV Treatment

Answer: A. Minors have access to HIV testing without a parent's consent. All other options require a parent's consent.

Remember, it's best practice in most cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.

Which of the following requires parent/guardian consent?

- a. Emergency care – a "life or limb" situation
- b. Treatment for gonorrhea
- c. HPV Vaccine
- d. Outpatient substance use treatment

Answer: c. Vaccines (including HPV) are the only service on this list that requires a parent's/guardian's consent.