



APRIL 24-25, 2017
ANN ARBOR MARRIOTT
YPSILANTI, MI

DETAILED AGENDA

Monday, April 24

8:00 - 8:30 AM	Pre-Conference Workshop Registration
8:30 AM - 12:30 PM	Pre-Conference Workshop
12:30 - 1:00 PM	Registration
1:00 - 1:20 PM	Welcome
1:30 - 3:00 PM	Skills-Building Workshops/Oral Research Presentations
3:00 - 3:15 PM	Break
3:15 - 4:45 PM	Skills-Building Workshops/Oral Research Presentations
4:45 - 6:45 PM	Poster Viewing & Networking Reception

8:30 AM - 12:30 PM Pre-Conference Workshop

The Art of Change: A Brief Primer in Motivational Interviewing

Dan DeSena, LMSW, DMA, University of Michigan | Nasuh Malas, MD, MPH, University of Michigan

MI is primarily aimed to improve engagement in treatment; everything discussed will involve ways to better engage adolescents and their families in moving toward behavioral aims.

Objectives:

- Gain a better understanding of the fundamental aspects of motivational interviewing
- Learn and practice the use of skills that can be incorporated into health behavior change counseling
- Apply the principles, processes and microskills of motivational interviewing to adolescent patients and their families

1:30 - 3:00 PM Skills-Building Workshops / Oral Research Presentations 1

The Body Experience of Trauma: Physical Implications

Caelan Soma, PsyD, LMSW, ACTP, The National Institute for Trauma and Loss in Children

This session will identify how adolescents can use their own bodies as resources for healing. The information and activities presented promote active participation of youth as they move from victim to survivor thinking.

Objectives:

- Explain in detail how trauma lives within the central nervous system
- Describe at least three ways trauma shows up in physical symptoms and reactions
- Practice mind-body skills to use with adolescents who have experienced trauma

IUD Insertion Workshop

Erin Hendriks, MD, Detroit Medical Center | Fatin Sahhar, MD, Detroit Medical Center | Randall Harris, MD, Detroit Medical Center | Ashok Peter, MD, Detroit Medical Center

This role play will reflect common questions and concerns that arise when discussing Long Acting Reversible Contraception (LARC) with adolescents.

Objectives:

- Provide appropriate anticipatory guidance prior to IUD insertion
- Perform the basic steps of IUD insertion
- Identify strategies to manage difficult IUD insertion and common complications
- Offer a variety of treatments for common side effects after LARC insertion

Utilizing a Sex Positive Approach when Working with Adolescents in a Clinical Setting

Lee K. Roosevelt, PhD, MPH, CNM, University of Michigan, Planned Parenthood of Michigan

Every person, regardless of age, has a right to clear, unambiguous sexual health information. The core principle of sex positivity clinical care is affirming sexual pleasure as a key component of sexual health.

Objectives:

- Focus on healthcare wellness to make sexual health conversations a routine part of health care
- Acknowledge the importance of healthy, positive relationships on sexual health
- Recognize the idea that relationships, sexuality, and sexual behavior affects overall health

Overcoming Barriers in Adolescent Vaccination: You Can Make a Difference

Melanie Farkas, BCA, Ohio Chapter, American Academy of Pediatrics

Learn about the adolescent vaccine platform and recent changes to the schedule, vaccine effectiveness. Also discuss barriers to adolescent vaccination and actions all health care providers can take to overcome them.

Objectives:

- Explain the safety and effectiveness of adolescent vaccines
- Describe barriers to adolescent vaccination
- Explain impact of vaccine refusal in the United States
- Illustrate strategies to correct misinformation and present facts in order to improve vaccine rates

Oral Presentations - Sexual Health

Oral sessions present the latest research and programming in sexual health for adolescents.

Gender Matters! Examining the Application of 'Gender Transformative Approaches' in Youth Sexual Health Services

Amanda Ackerman, LMSW, MPH, EngenderHealth

Reduction in Chlamydia Prevalence Associated with a School-based Screening Program

Amy Peterson, MPH, Michigan Department of Health and Human Services

Development and Initial Efficacy of a Sexual Health Text Messaging Intervention Designed to Support Young Females in Primary Care

Deborah Rinehart, PhD, MA, Denver Health and Hospital Authority

Using Innovative Partnerships to Create Teen-Friendly Sexual Healthcare Linkages

Courtney Peters, MPH, North Texas Alliance to Reduce Unintended Pregnancy in Teens

Oral Presentations - Primary Care

Oral sessions present the latest research and programming in primary care for adolescents.

Transforming Primary Care Health Centers into Adolescent-Centered Environments: The Adolescent Champion Model

Maggie Riley, MD, University of Michigan

Harnessing the Power of Comprehensive Adolescent Well Visits: Lessons from the 'Transforming Adolescent Care Learning Collaborative (TALK)' to Improve WCV Rates and Quality of Care

Elizabeth Dawson, Ohio Chapter, American Academy of Pediatrics | Michelle Dritz, MD, FAAP, Ohio Chapter, American Academy of Pediatrics

New phone, who dis?: Improving Communication and Appointment Adherence by Integrating Automated Population Outreach and Text Messaging in Adolescent Healthcare Settings

Kimberly Williams, MSPH, Erie Family Health Center | Lacey Johnson, BS, Erie Family Health Center | Lauren Fifarek, MPH, Erie Family Health Center

Designing LGBTQ Inclusive Forms

Ash Philiber, MS, Philiber Research & Evaluation | Julie Loughran, MPH, Planned Parenthood of the Great Northwest and Hawaiian Islands

3:15 - 4:45 PM Skills-Building Workshops / Oral Research Presentations 2

The Body Experience of Trauma: Physical Implications *(repeated)*

Caelan Soma, PsyD, LMSW, The National Institute for Trauma and Loss in Children

IUD Insertion Workshop *(repeated)*

Erin Hendriks, MD, Detroit Medical Center | Fatin Sahhar, MD, Detroit Medical Center | Randall Harris, MD, Detroit Medical Center | Ashok Peter, MD, Detroit Medical Center

Utilizing a Sex Positive Approach when Working with Adolescents in a Clinical Setting *(repeated)*

Lee K. Roosevelt, PhD, MPH, DNM, University of Michigan, Planned Parenthood of Michigan

Overcoming Barriers in Adolescent Vaccination: You Can Make a Difference *(repeated)*

Melanie Farkas, BCA, Ohio Chapter, American Academy of Pediatrics

Oral Presentations - Innovative Programs

Oral sessions present the latest research and innovative programming for adolescents.

Huh...What? Improving Communication between Parents and Teens to Reduce Adolescent Risk

Jennifer Salerno, DNP, CPNP, FAANP, Possibilities for Change

'Do You Want This Visit to be Confidential?' Consent and Confidentiality at Oregon SBHCs

Kate O'Donnell, MPH, Oregon Health Authority - Public Health Division

MiHealth: Medical Students Lead a Novel High School Education Program

Kathryn S. Brown, BS, University of Michigan Medical School | Kaitlin A. Meixner, MAT, University of Michigan Medical School

Chicago Health Activism Initiative

Joshua Prudowsky, MPH, Mikva Challenge Grant Foundation Inc.

Oral Presentations - Mental Health

Oral sessions present the latest research and programming in mental health for adolescents.

Health Related Quality of Life in Adolescent Cochlear Implant Users

Melanie Meloche, BA, University of Michigan Department of Audiology

Considerations Beyond the Injury: Biopsychosocial Approach to Physical Therapy in Young Athletes

Corey Snyder, PT, OCS, SCS, CSCS, University of Michigan MedSport

Assessing Mental Health Needs of Oakland County Schools Students: Results of Focus Groups with Students, Parents, & School Staff

Rebecca R. Cheezum, PhD, MPH, Oakland University | Christina Harvey, MPH, Oakland County Schools

Effectively Serving Adolescents through Trauma-Informed and Youth-Friendly Approaches

Lesley J. Craig, MPH, US Department of Health and Human Services

4:45 - 6:45 PM Poster Viewing & Networking Reception

Remarks by Timothy Johnson, MD, University of Michigan

Tuesday, April 25

7:30 - 8:00 AM	Registration & Breakfast
8:00 - 8:30 AM	Opening Remarks & Youth Presentation
8:30 - 9:30 AM	Keynote
9:30 - 9:45 AM	Break
9:45 - 11:15 AM	Breakout Session 1
11:15 - 11:45 AM	Poster Viewing
11:45 AM - 12:30 PM	Lunch & Poster Awards
12:30 - 1:30 PM	Plenary
1:30 - 1:45 PM	Mindfulness Activity
2:00 - 3:00 PM	Breakout Session 2
3:15 - 4:15 PM	Breakout Session 3

8:00 - 8:30 AM **Opening Remarks & Youth Presentation**
Youth Presentation by Raise It Up! Youth Arts & Awareness, Flint, MI

8:30 - 9:30 AM **Keynote Address**

Transforming Our Approach to Adolescent Substance Use

Joseph Lee, MD, Hazelden Betty Ford Foundation

Tragedies related to the prescription drug and opioid crises have raised awareness about the impact of substance use disorders on our youth and families. Conceptualizing youth who are at risk for substance use disorders in a scientific and developmentally sensitive manner can stimulate discussion about profound changes in policy, service delivery, and clinical orientation.

Objectives:

- Learn about the developmental framework for youth and substance use
- Apply developmental perspectives on common dilemmas related to youth and substances
- Learn about the importance of prevention and early intervention

9:45 - 11:15 AM **Breakout Session 1**

ADHD: An Integrative and Best Practices Approach

Celia Neavel, MD, FSAHM, Center for Adolescent Health at People's Community Clinic

Using a case-based and interactive approach, this workshop will review the prevalence of ADHD and associated co-morbidities. Medications used in treatment and their side effects will be reviewed in terms of research-based evidence.

Objectives:

- Suspect and diagnose ADHD using validated screening tools
- Initiate treatment for ADHD using an interdisciplinary, best practices approach
- Be more aware of co-morbidities found frequently with ADHD and how outside referrals may help in treatment

Advisory: Giving Youth Voice in Your Health Center

Lori Roddy, MSW, Neutral Zone | Monique Selimos, MSW, University of Michigan Adolescent Health Initiative

In this workshop, participants will explore the concept of a youth advisory as a structure and approach to involve youth voice and decision making in their health center program. Participants will be introduced to the components of the advisory through a collaborative approach of shared ideas and experiences.

Objectives:

- Explore the concept of an advisory as a structure to involve youth in voice and decision making
- Be introduced to the components of an advisory council
- Consider a strategy to approaching strengthening youth voice in the center
- Reflect on impact and next steps

Asthma in Schools: Challenges and Opportunities

Elliot Attisha, DO, FAAP, Henry Ford Health System

This session will focus on asthma in school-aged children, specifically looking at both challenges and opportunities to addressing asthma in schools, and examining the connection between psychosocial issues and asthma.

Objectives:

- Provide background on childhood asthma
- Recognize challenges and barriers related to asthma in schools
- Learn the steps health care professionals can take to identify and address existing issues around asthma in schools

Digital Dating Abuse

Quyen Ngo, PhD, LP, University of Michigan Injury Center

This presentation will define the different types of dating violence that can occur and discuss how the stress and trauma of digital dating abuse can affect adolescents and common motivations for committing dating violence.

Objectives:

- Define digital dating abuse and understand it in the larger context of dating violence
- Understand the current state of the field with regard to digital dating abuse
- Obtain skills and strategies to aid in discussing digital dating abuse with adolescents

What parts do you use and what parts do they use? Affirming sexual health services for LGBTQ youth

Maureen D. Connolly, MD, Henry Ford Health System

This session will provide an overview of the concepts of sexual orientation and gender identity, describe the role they play in adolescent development, and discuss a cultural humility approach to working with LGBTQ youth.

Objectives:

- Define the concepts of sexual orientation and gender identity, and describe the role they play in adolescent development
- Become familiar with the sexual health disparities that exist for LGBTQ adolescents
- Identify concrete clinical approaches and specific services that can be offered to provide affirming sexual healthcare services for LGBTQ adolescents

12:30 - 1:30 PM Plenary Address

The Challenges to Health and Wellness in Our Adolescent Population

Kimberlee Wyche-Etheridge, MD, MPH, Meharry Medical College

This presentation will provide an overview of adolescent development, from the physiological to the psycho-social, with an emphasis on the different ways these developmental milestones have manifested across the generations. We will also discuss the role that perspective plays in interactions with youth, how these biases and assumptions create barriers when working with youth, and what we can do about it.

Objectives:

- Provide a better understanding of what makes adolescents tick
- Underscore how adult privilege interferes with how we approach, perceive, and interact with young adults
- Discuss ways to work successfully with youth to empower them to make their own decisions about health, life, and their future

2:00 - 3:00 PM Breakout Session 2

Adolescent Preventive Health and Quality Measures: Putting Evidence into Practice

Maggie Riley, MD, University of Michigan

This session will provide an overview of which preventive services are evidence-based and should be included in the annual well visit, then discuss strategies to improve adherence to meeting evidence-based health measures.

Objectives:

- Incorporate evidence-based recommendations for adolescent preventive care into practice
- Implement the use of quality improvement strategies focused on adolescent quality measures related to preventive care

Identifying Trafficked Youth in Healthcare Settings

Jody Haskin, MA, BSW, International Organization for Adolescents | Bridgett Carr, JD, Human Trafficking Clinic, Univ. of Michigan Law School
Health professionals play a critical role in the identification of and response to child trafficking. This presentation will give attendees a better understanding of what trafficking is, how to identify youth trafficked for sex and/or labor, and next steps to take.

Objectives:

- Define both Commercial Sexual Exploitation of Children (CSEC) and child labor trafficking
- Identify indicators, or “red flags,” of trafficked youth in various situations
- Identify next steps and referral sources

Rethinking Sexting: From Scandal to Opportunity

Ruthie Kolb, Colorado Youth Matter

Utilizing activities, discussion, and research findings, this workshop will discuss the concerns, consequences, reactions, and possible solutions to educating ourselves and youth about sexting and media usage so that we move past scandal into opportunity.

Objectives:

- Have better-informed and comprehensive conversations with teens about sexting and online safety
- Take at least two steps toward improving the rights of teens for online safety
- Discuss the dangers of penalizing youth for sexting

Sports Concussions and Adolescent Athlete Brain Health

Jeffrey S. Kutcher, MD, FAAN, The Sports Neurology Clinic

This presentation will focus on the anatomy of concussive injuries and brain trauma in adolescent athletes, covering the adaptive approach to injury management and return to play, as well as a discussion surrounding the important role ongoing brain health management plays in the athlete.

Objectives:

- Describe the differences between concussion, post-concussion syndrome, and long-term effects of repetitive brain trauma
- Discuss the importance of brain health management in athletes
- Improve collaboration throughout the medical community to increase treatment and prevention

Teen Voice: Advocating for Social Change Using Peer Education to End Teen Dating Violence

Claire Adeline Haglund, LLMSW, Safe House Center | Tyler Sly, BSW, Safe House Center

Teen survivors of abusive relationships experience unique challenges. It is important to change the stigma associated with teen relationships and to work toward addressing and ending abuse in teen relationships.

Learning Objectives:

- Educate teens about what a healthy relationship looks like
- Give teens the tools to define for themselves consent and coercion
- Educate teens about the ways in which our culture normalizes, minimizes, and excuses sexual and physical violence

3:15 - 4:15 PM Breakout Session 3

Adolescent Preventive Health and Quality Measures: Putting Evidence into Practice *(repeated)*

Maggie Riley, MD, University of Michigan

Identifying Trafficked Youth in Healthcare Settings *(repeated)*

Jody Haskin, MA, BSW, International Organization for Adolescents | Bridgett Carr, JD, Human Trafficking Clinic, University of Michigan Law School

Rethinking Sexting: From Scandal to Opportunity *(repeated)*

Ruthie Kolb, Colorado Youth Matter

Sports Concussions and Adolescent Athlete Brain Health *(repeated)*

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Teen Voice: Advocating for Social Change Using Peer Education to End Teen Dating Violence *(repeated)*

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