



Briana, a 15-year-old girl who is covered by Medicaid, is requesting an IUD and does not have the consent of her parent. What do you do?

- Tell the patient that she has to come back with a parent's consent.
- Inform the patient that you can and will perform the procedure, but must call a parent to notify them.
- Explain to the patient that you can perform the procedure without parental consent, but her parents may receive an Explanation of Benefits.

Answer: (c.) Explain to Briana that you can perform the procedure without parental consent since she is covered under Medicaid, but her parents could receive an Explanation of Benefits.

Michael is 14 and is requesting a chlamydia test. He doesn't want to tell his dad, who's in the waiting room. Does he need consent from his father?

- Yes
- No

Answer: No. Minors may consent on their own to testing and treatment of sexually transmitted infections. Maintaining client confidentiality can be an important part of insuring access to care and a health care provider who treats a minor ordinarily must not notify the minor's parent or guardian about the treatment without the minor's express permission.



Remember, it's best practice in many cases for a provider to encourage teens to talk to their parents/guardians, even if consent is not required. Encouraging this dialogue can be an opportunity to set up successful parent/teen communication.



Jade is 16 years old. Can she receive a pregnancy test AND prenatal care without her parents' consent?

- a. Yes
- b. No

Answer: No. Indiana state law require that the healthcare provider make a reasonable attempt to contact the minor's parent or guardian before providing treatment for pregnancy related care, including prenatal care, delivery services, treatment of complications and post-natal care.

Which of these options below DO NOT require parental consent for a teen living with her parents?

- a. HPV vaccine
- b. ADHD medication for a 13 year-old
- c. Treatment for controlled substances or alcohol
- d. An abortion

Answer: (c.) Minors may consent to outpatient treatment of controlled substances or alcohol. All other options require a parent's consent.

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Carlos is 14 years old and needs mental health care. Which of these statements is true for him?

- a. He can consent to outpatient counseling without his parent's consent
- b. He doesn't need his parent's consent to be prescribed depression medication
- c. He needs to get his parent's consent for any sort of mental health treatment.

Answer: (a.) Minors do not need parental consent for inpatient and outpatient mental health screening and non-pharmaceutical treatment.

Which of the following require parent/guardian consent?

- a. Emergency care
- b. Any care for legally emancipated minors
- c. Contraceptives
- d. Vaccines
- e. Treatment for HIV
- f. Outpatient substance abuse treatment

Answer: (d.) Vaccines, including the HPV, require parental consent.

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