August 11-12, 2022

8TH ANNUAL CONFERENCE ON ADOLESCENT HEALTH

Translating research into practice

All times listed are in Eastern Standard Time, (EST). Shifting of presentation time slots still may occur. With any questions, please contact adolescenthealth@umich.edu.

Thursday, August 11, 2022

10:30-11:00	Registration, Breakfast
11:00-11:45	Opening Remarks, Land Acknowledgement, Youth Presentation
11:45-12:45	Featured Session
12:45-1:00	Break
1:00-2:00	Breakout One
2:00-2:30	Lunch
2:30-3:45	Awards, Featured Session
3:45-4:00	Break
4:00-5:00	Breakout Two
5:00-5:15	Break
5:15-6:15	Networking Sessions, Poster Viewing

Friday, August 12, 2022

10:30-11:00	Breakfast, Registration
11:00-12:30	Awards, Featured Session
12:30-12:45	Break
12:45-2:15	Oral Presentations
2:15-2:30 / 2:30-3:00	Lunch / Awards, Closing Remarks
3:00-3:15	Break
3:15-4:15	Breakout Three
4:15-4:30	Break
4:30-5:30	Breakout Four

Thursday, August 11, 2022 EST

11:00 AM - 11: 45 AM // Land Acknowledgement, Opening Remarks & Youth Presentation

Land Acknowledgement

Sandra Momper, Bad River Chippewa Indians

Opening Remarks

The Adolescent Health Initiative

Youth Presentation, CLASP

Marz Brown, They/themme

11:45 AM - 12: 45 AM // Featured Session
Beyond Parentectomies: Promoting Family-Centered Care in Adolescent LGBTQ+ and Sexual Health

Veenod Chulani, He/Him, MD, MSEd, FSAHM, CEDS, Section Chief, Adolescent Medicine
Dalmacio Dennis Flores, he/him, PhD, ACRN, University of Pennsylvania School of Nursing;
Sarah Kabala, she/her; Anum Latif, she/her; Aayush Unadkat, he/him; Arya Kamat, she/her

This session seeks to explore the applications of a parent/caregiver inclusive, triadic approach in adolescent health - to the extent that youth choose and without negatively impacting youth-provider communication - as part of an overall strategy to promote parent-teen communication and connectedness and youth development. The panel session will open with a review of research on LGBTQ+ youth and parent/caregiver perspectives about family sexual health discussions and will be followed by a presentation describing scenarios and scripts that embody the triadic approach in adolescent LGBTQ+ and sexual health. The session will also feature youth perspectives on the acceptability, instances, and ways clinicians and parents/caregivers can foster parent-teen communication approaches and will engage the audience to describe potential applications in their specific field of work

Objectives

1. List common assumptions and barriers to parent/caregiver inclusive approaches in adolescent health care delivery
2. Describe common barriers to effective parent-teen communication in LGBTQ+ and sexual health related discussions
3. Discuss contribution of parent-teen communication and connectedness to asset building and youth development
4. Describe strategies to promote parent/caregiver inclusive approaches and a triadic approach adolescent health care delivery

1:00 PM - 2:00 PM // Breakout Session One

Addressing Health Disparities: Leveraging Community Health Resources to Promote Equitable Access to COVID-19 Vaccinations, Minimizing Vaccine Hesitancy, and Improving Vaccination Rates

Nicole Speck, She/Her/Hers, DNP, RN, FNP-BC; Angie Spence, MPA; Allison Mi, she/her, Leela Raghavendran, she/her; Ariel Banks, she/her

This session will review elements of successful planning and implementation of COVID19 vaccination clinics in school-based health centers, and within the community at community centers, churches, and drive-up locations. An in-depth discussion will include strategies to reach vulnerable communities.

Objectives
1. Understand the depth of health disparities during the COVID pandemic.
2. Identify data the demonstrates the inequities.
3. Utilize data to make your case to stakeholders and Identify partners that you may work with to plan implement successful vaccination outreach.

Overcoming Challenges to Patient Partnerships in Research: Perspectives from the Adolescent and Young Adult Leadership Research Council

Anya R. Khurana, She/Her/Hers; Ela Chintagunta, She/Her/Hers; Sophia Chmel, She/Her/Hers; Rafael Treviño, He/Him/His; Kristine Carandang, She/Her/Hers; Courtney Wells, She/Her/Hers; Jenn Ziegler, She/Her/Hers; Kaye Anderson, She/Her/Hers

A diverse council of adolescent and young adult (AYA) patients with autoimmune conditions will discuss why engaging AYAs in research is important, define challenges and gaps in the current research climate, and provide recommendations for how to better include AYAs on research teams.

Objectives
1. Describe a continuum of engaging adolescents and young adults in research by centering patients' experiences, preferences, and expertise.
2. Identify ways to include adolescents and young adults in the research process by engaging with a new young adult council of trained patient partners in research.
3. Apply council-created guidelines for patient empowerment in research to their own projects and utilize new ways of disseminating research findings to adolescents and young adults via various platforms.

Depression Screening and Suicide Prevention: The Nuts and Bolts*

Lia Gaggino, She/Her/Hers, MD, FAAP; Stephanie Goodson, She/Her/Hers, MD, FAAP

The presentation provides an overview of screening for depression using the PHQ-A, discusses use of suicide warning signs, risk assessment using both the Columbia and ASQ, and using a case study, we apply and review strategies for management of youth at risk for suicide. We review an office-based strategy for triage of crisis calls, briefly discuss counseling access to lethal means restriction, coding and MC3 resources.

Objectives
1. Describe the use of the PHQ;A and a tiered approach to depression management.
2. Give two examples of risk assessment tools used for youth at risk of suicide.
3. Discuss a case-based example of the use of depression screening and risk assessment and management of youth at risk of suicide.

Language Matters: Strategies to Combat Stigma in Sexual Health Conversations*

Kelley Quinn, She/Her/Hers, MEd; Kelly Gainor, She/Her/Hers, MEd

When fighting stigma in public health, language matters. Word choices tell our patients, students, and friends whether we are safe or not and deeply impact our message. In this workshop, we will dissect the language of sexual health and create an action plan for de-stigmatizing our messages.

Objectives
1. Identify at least three, non-stigmatizing alternatives to common sexual health words or phrases.
2. Understand a pluralistic approach to STIs and STI stigma.
3. Have the resources to create an action plan for addressing stigma in their work and/or lives.

*Content Warning: Suicide
**Content Warning: Stigmatizing language about STIs, consent, LGBTQIA+ community, reproduction, and adolescent relationships. Discussion of sexual assault.

Burn out: A practical approach to supporting ourselves as helpers

Avida Johnson, She/Her/Hers, LLMSW

Defining burn out and related terms
Experiential signs of burn out
Strategies to reverse burn out symptoms
Q+A

Objectives
1. Clearly define burnout
2. Identify ways it can manifest in our disciplines
3. Provide new paradigms for attendees to engage with burnout differently
4. Provide resources for those interested in continuing the conversation

2:00 PM - 2:45 PM // Lunch & Awards

Awards

Experience Through Art Award Presentation

Recognizing the art and themes presented through the Experience Through Art Award.

2:45 PM - 3:45 PM // Featured Session

Centering Health Equity for Adolescents

Nia Heard-Garris, She/they, MD, MSc, Assistant Professor of Pediatrics at the Ann & Robert H. Lurie Children's Hospital of Chicago and the Department of Pediatrics at Northwestern University Feinberg School of Medicine

This presentation will discuss structural barriers, like racism and how these experiences give rise to harmful experiences for adolescents. These harmful experiences include adverse childhood experiences and the presentation will suggest strategies to overcome these negative experiences to avoid poor health and promote resilience.

Objectives
1. Define and explain the concept of health equity.
2. Discuss how racism serves as the central crux of the problem in achieving of health equity.
3. Suggest how to center health equity in adolescent care.

4:00 PM - 5:00 PM // Breakout Session Two

How Fatphobia Negatively Impacts You(th) and What to Do About It*

Jamie Erdheim, She/They, MEd; Paige Welch, She/They

This session will discuss how fatphobia is tied to systems of oppression, body image, and well-being, as well as how it affects youth and shows up in schools. We will examine fatphobia within society (diet culture, BMI, clean eating, health myths, etc.) and discuss how fatphobia connects to racism, transphobia, homophobia, sexism, poverty, capitalism, and ableism. We will also reflect on our internalized fatphobia and work on strategies to move toward fat liberation for ourselves and others.

Objectives
1. Understand how fatphobia is tied to systems of oppression, wellbeing, and how it affects youth.
2. Have the opportunity examine internalized fatphobia and discuss strategies to move towards body acceptance and fat liberation.
3. Discuss alternative health models and strategies to dismantle fatphobia at their organizations.

Beyond Behaviors: Holistic Sexuality in Sex Ed**

Sarah Dahlston, She/Her/Hers, CSE, CHES; Jeren Ghoujeghi, she/her, Brooklyn Clark, they/she, Arya Kamat, she/her; Leela Raghavendran, she/her

Many adults are terrified to approach the topic of pleasure in their sex education conversations. This session will explore the Circles of Sexuality model by Dennis Dailey, discuss what can impact our circles, and review the National Sex Education Standard's guidance on pleasure and related topics.

Objectives
1. Explain two concepts within each circle of sexuality.
2. Challenge two myths about sex often perpetuated in our culture.
3. Recall three ways to stay sex and pleasure positive.

*Content Warning: Fatphobia, diet talk, examples of how oppression and fatphobia intersect including talk of slavery, racism, sexism, homophobia, transphobia, & ableism.

**Content Warning: Sexual violence and harassment, pregnancy, birth, adoption and abortion.

A Preventive Approach to the Opioid Epidemic in Adolescents through Use of Prescribing Recommendations, Preoperative Pain Plan Tool, and Patient Education*

Karen A. Cooper, She/Her/Hers, MD; Heidi A. Rieck, She/Her/Hers, MPH; Zahra Dawson, She/Her/Hers; Sofea Stanton, She/Her/Hers

Despite the risks, many adolescents are introduced to opioids after surgery, and they are prescribed more opioids than they take. Other medications and strategies can be equally effective for pain, without the risk. We will discuss prescribing recommendations and tools to treat postoperative pain.

Objectives

1. Understand how patient-reported outcomes are used to develop prescribing recommendations for post-operative opioid prescribing.
2. Describe how to use a preoperative pain plan tool and website for education regarding postoperative pain.
3. Recount how to use non-opioid medications and non-medication strategies to treat post-operative pain.

*Content Warning: Opioid use disorder, opioid misuse, opioid overdose.

Getting Connected: Promoting School Connectedness in the Context of the COVID-19 Pandemic and Beyond**

Natalie Wilkins, She/Her/Hers, PhD; Jorge Verlenden, She/Her/Hers, PhD; Sarah Kabala, she/her; Chris Oshana, he/him; Anum Latif, she/her; Allison Mi, she/her

In this presentation, attendees will hear from youth about why school connectedness matters to them in the context of COVID-19 and be able to synthesize findings on classroom management approaches linked to school connectedness. Youth will co-facilitate activities to gather participants' insights on promoting equity through these approaches.

Objectives

1. Describe evidence-based classroom management approaches, skills, and strategies that promote school connectedness.
2. Integrate information on evidence-based classroom management strategies with youth feedback and experiences in the context of the COVID-19 pandemic.
3. Analyze ways in which evidence-based classroom management strategies can be implemented in alignment with youth perspectives and in ways that promote equity.

**Content Warning: Ableism, racism, classism, sexism and misogyny, mental illness, violence, hateful language direct at religious groups (e.g., Islamophobia, anti-Semitism), transphobia and trans misogyny, homophobia and heterosexism.

Addressing Youth Homelessness in Public Health

Sara Haig, She/Her/Hers, MSW, LSW, Lisa Brooks, She/Her/Hers; Chloe Harper, she/her/hers; Sri Tharika Jothipuram Jayakumar, She/Her/Hers

This session will give an overview of youth homelessness, including statistics and risk factors and describe a comprehensive approach to preventing and ending youth homelessness. Participants will hear how Ohio incorporated the issue of youth homelessness into it's existing MCH initiatives.

Objectives
1. Describe the problem of youth homelessness, including statistics, risk factors and disparities among youth experiencing homelessness.
2. Describe elements of a comprehensive approach of ending youth homelessness.
3. Identify ways to address the issue of youth homelessness in public health.

5:15 PM - 6:15 PM // Networking & Poster Viewing
Youth Networking Session

The Adolescent Health Initiative's Adolescent Champion Teen Advisory Council (TAC TAC) and the Young Patients' Autoimmune Research and Empowerment Alliance (YPAREA) are hosting a networking event just for youth! We will start the night with some youth-led icebreakers and then attendees can participate in a variety of activities to decompress and meet other youth attending the conference. This will include board games, crafts, and mindfulness activities. The Youth Networking Room will be open throughout the conference for young people to connect and relax between sessions.

Networking & Poster Session

In-person attendees are invited network with colleagues and view poster presentations. Virtual attendees are invited to check out posters and exhibiting tables in the Attendee virtual hub. Chatting features are also available for networking virtually.

Friday, August 12, 2022 EST

11:00 AM - 12:30 PM // Award & Featured Session

Poster Award Recognition

AHI TAC TAC
Recognizing poster award recipient.

Featured Session

We check their hearts, why not their mental health? Addressing and destigmatizing adolescent mental health

MavaMarie Cooper, She/Her, MPH; Terrill Bravender, He/Him, MD, MPH
Ariel Banks, she/her; Allison Mi, she/her; Tommy, he/him; Aayush Unadkat, he/him

Suicide is the second leading cause of death for 13-19 year-olds in the United States and rates of anxiety and depression among adolescents have increased significantly in the past few years due to the COVID-19 pandemic. Despite this fact, health professionals are not consistently checking in with adolescents about their mental health concerns. During this interactive session, we'll discuss how health professionals can improve adolescent mental health through de-stigmitization, the identification of mental health concerns, and strategies for connecting youth to resources and treatment. This session will also feature adolescent's experiences and perspectives on mental health.

Objectives

1. Recognize the importance of destigmatizing mental health for adolescents.
2. Identify best practices around screening adolescents for mental health concerns.
3. Discuss evidence-based interventions and treatment options Learn from adolescent's experiences and perspectives on mental health.

12:45 PM - 2:15 PM // Primary Care Oral Presentations

Screening for SCD Risk in General Pediatrics and Prevention Strategies for Schools*

Kristin O. Evans, She/Her/Hers, MSN, RN, CPNP; Gwen Fosse, She/Her/Hers, RN, BSN, MFA, FAHA; Jordan Schoen, He/His/Him

Many conditions can put youth at increased risk for sudden cardiac arrest (SCA) or sudden cardiac death (SCD). This session will discuss screening for SCA risk factors for all children by primary care providers and preparedness for responding to cardiac arrest with planning. Screening and preparedness strategies discussed in this presentation will support primary care providers in preventing sudden cardiac death.

Objectives

1. Identify four routine screening questions for all youth to be used at well child visits to help identify which children might be at risk for sudden cardiac death.
2. Identify when and where to refer individuals who screen "positive" for needing further assessment regarding risk of sudden cardiac arrest.
3. Identify the purpose of and how to contact Project ADAM which supports heart safe schools around the nation.

Young Adult Perceptions of Epilepsy Care: The Importance of Shared Decision-Making**

Marija Hegel, She/Her/Hers, MPH; Elizabeth Stout, She/Her/Hers

Based on the findings of a national needs assessment conducted by the American Academy of Pediatrics' National Coordinating Center for Epilepsy, young adults with epilepsy view shared decision-making and respectful communication with their providers as critical aspects of health care.

Objectives

1. Describe the methodology involved in conducting a national needs assessment utilizing a mixed-methods approach.
2. Define the main barriers to high quality epilepsy care, as experienced by young adults living with the condition.
3. Describe the ways in which shared decision-making leads to better perceived health care among young adults with epilepsy.

*Content Warning: A video that shows a sudden cardiac arrest and resuscitation may be shown.
**Content Warning: Death or dying; mental illness and ableism.

Depression Screening and Follow-up in Primary Care

Teryn Bruni, She/Her/Hers, PhD, LP, BCBA; Elizabeth Koval, She/Her/Hers, MA, TLLP

Depression screening, monitoring, and treatment were examined through semi-structured interviews with nine primary care pediatricians across a range of practice settings. Rescreening, population management, and intervention delivery barriers were identified by providers across practice types.

Objectives
1. Learn about the range of real-world processes and workflows for depression screening including approaches to monitoring and followup care for at-risk patients.
2. Understand patient, provider, and systems level facilitators and barriers to depression screening, monitoring, and intervention in primary care delivery settings.
3. Learn about potential gaps and solutions related to adolescent depression screening and management in primary care settings.

Adolescent HIV and STD Telemedicine Services During the COVID-19 Pandemic

Jerrica Davis, She/Her/Hers, MPH; Christy Altidor, She/Her/Hers, MPH, CPH

This session will discuss telehealth and telemedicine best practices and models to provide attendees with tools and guidance to respond to COVID-19 related needs and provide HIV and STD prevention for adolescents.

Objectives
1. Describe current best practices for using telemedicine to provide sexual health services to adolescents.
2. Describe the various ways telemedicine can continue to be utilized in an inperson setting.
3. Identify ways in which they can implement these best practices in their own practice settings.

12:45 PM - 2:15 PM // Mental Health Oral Presentations

A Year of Isolation: Adolescent Mental Health During a Pandemic*

Maryam Haltam, She/Her/Hers

This session will discuss findings from the Healthy Minds Study for Secondary Schools, a survey examining mental health, service utilization, and related factors among students. We will highlight the need for programs and policies aimed at improving student well-being, especially during the COVID-19 pandemic.

Objectives
1. Reference data on adolescent mental health and well-being during the pandemic.
2. Gain insight into the current adolescent mental health research initiatives of the Healthy Minds Network.
3. Utilize presented data to inform continued conversation about student mental health in school communities.

Adverse Childhood Experiences Among Adolescents with ASD: Implications for School-Based Trauma-Informed Care**

Zahra Ladhani, She/Her/Hers

This presentation will address the impact of Adverse Childhood Experiences (ACEs) on adolescents with a neurodevelopmental disability. Developing interventions to support those with ASD within a school setting is beneficial as schools inherently meet the developmental needs of students.

Objectives
1. Understand how ACEs uniquely impact adolescents with ASD.
2. Describe similarities and differences in school-based interventions between typically developing adolescents who have experienced ACEs and those with ASD who have experienced ACEs.
3. Apply the Whole School, Whole Community, Whole Child Model (WSCC) when considering innovative and evidence-informed ways in which schools can provide trauma-informed care to this subgroup of adolescents.

*Content Warning: Suicide, suicidal ideation, self-harm.

**Content Warning: Physical, emotional, sexual abuse, an Adverse Childhood Experience.

Gender Minority Stress, Resilience, and Psychological Distress: Implications for Serving Transgender Youth*

Michael Miller-Perusse, He/Him/His

Transgender people face mental health disparities across the lifespan, with transgender youth (TY) comprising a particularly at-risk population. The present study examines relationships between forms of gender minority stress, resilience, and psychological distress in a national sample of TY.

Objectives
1. Describe minority stress and resilience factors relevant to transgender youth.
2. Summarize relationships between these factors and psychological distress in the Project Moxie sample.
3. Make recommendations for serving transgender youth to avoid and address stigma-related psychological distress.

Birds, Bees, and Therapy: AHI's Sexual Health Resource for Behavioral Health Clinicians

Anastasia Cajigal, MPH, She/Her/Hers; Sheeba Pawar, She/Her/Hers

This interactive oral session will include an overview of a new, free, web-based module aimed at behavioral health clinicians who seek to facilitate healthy, informed, respectful dialogues with the young people they serve. The module came about when AHI's youth council members reported that therapists they were seeing were not always comfortable discussing sexual health, and the youth wanted to provide youth-friendly, up-to-date, strengths-based strategies, information, and resources. It was developed in partnership with youth and clinicians, and it addresses the intersections between sexual health, mental health, and adolescent health and wellbeing. Speakers will lead the audience through the module's main sections and collectively participate in one its activities examining clinician bias.

Objectives
1. Outline the background and goals of the Sexual Health Timely Topics module.
2. Recognize how a mental health clinician's values, background, and unconscious biases can play a role in how they talk to adolescents about sexuality and sexual health.
3. Access and disseminate the SH TT.

*Content Warning: Varrious forms of gender minority stigma (transphobia), including: enacted stigma (discrimination, rejection, victimization, non-affirmation of gender), internalized stigma, and anticipated stigma. Related risk for mental illness, self harm, and suicide will also be referenced.

12:45 PM - 2:15 PM // Sexual Health Oral Presentations

Pregnant and Parenting Teens from the Rural Midwest Share Community Perspectives*

Catherine Sherwood-Laughlin, She/Her/Hers, HSD, MPH; Alison Greene, She/Her/Hers, PhD

This session will focus on the results of interviews conducted with pregnant teens and current or past teen parents about community norms around culture, sexual health and education, and resource availability in two rural counties in southern Indiana.

Objectives
1. Describe the local community norms and beliefs related to teen pregnancy and teen parenting in two Indiana rural counties.
2. List the challenges and barriers related the prevention of teen pregnancy and resources for teen parents specific to these two rural Indiana counties.
3. Identify potential strategies to prevent teen pregnancy and support parenting teens in rural communities.

Education, Engagement, and Empowerment: Improving Quality of Contraceptive Care for Young People

Jordan Hatcher, She/Her/Hers, MPH; Tasia Gabriel, She/Her/Hers

To improve delivery of quality contraceptive care, members of ICAN's Youth Advisory Board assessed youth experiences accessing reproductive health services. This session explores their recommendations to inform ICAN's efforts to build Quality Hubs, engage communities, and advance policy for quality contraceptive care.

Objectives
1. Describe youth experiences accessing contraceptive care.
2. Articulate the components of TRUER contraceptive care.
3. Determine how patient experience data can be used to improve quality of care.

*Content Warning: Pregnancy, sexual abuse/assault, abortion.

The Youth Engagement Network: Innovating for Meaningful Youth Engagement Across Sexual and Reproductive Health Interventions

Azzia Roberts, She/Her/Hers, MPH, CHES

Many existing interventions that intended to engage youth in sexual and reproductive health (SRH) programs lack both meaningful youth input and adult facilitator and organizational buy-in. Join this presentation to hear the YEN's innovative approach to addressing these gaps and how YOU(th) can be involved.

Objectives
1. Describe youth engagement strategies used in sexual and reproductive health programs, services, and system change efforts.
2. Identify common elements of youth engagement in sexual and reproductive health programs, services, and systems change efforts across the field.
3. Identify gaps and opportunities for innovation in the field of youth engagement in sexual and reproductive health programs, services, and system change efforts.

Improving Reproductive Health for Youth in Systems of Care

Brenna Orr-Edgell, She/Her/Hers, MA; Katie Keane, She/They, MSW

This session will focus on navigating healthcare, education, and service provision for foster youth and other adolescents in systems of care with a family planning/teen pregnancy prevention lens.

Objectives
1. Healthcare providers will have a better knowledge of the systems of care population, and will be able to be more effective in their delivery of reproductive healthcare to these youth.
2. Systems of care staff will have a better understanding of the health needs of youth in their purview, and how to effectively connect youth with reproductive healthcare.
3. Professionals serving these youth will have a better understanding on how to collaborate more effectively to prevent long term health disparities.

12:45 PM - 2:15 PM // Community & School
Oral Presentations

New e-cigarette prevention advertising informed by teens at-risk for vaping

Emily McDonald, She/Her/Hers, MPH

"The Real Cost" campaign conducted stakeholder interviews and focus groups with teens at-risk for smoking cigarettes to inform new cigarette prevention advertising. Learnings about the most promising prevention messages will be shared with session participants.

Objectives
1. Describe the process that "The Real Cost" campaign uses to develop new prevention advertising.
2. Discuss the relationship between the target audience and cigarettes, including perceptions and behaviors.
3. Discuss the relationship between the target audience and cigarettes, including perceptions and behaviors.

Why is School So Stressful? Photo-Elicited Focus Groups to Explore Adolescents' Voices

Rémi Paré-Beauchemin, He/Him/His; Anum Latif, she/her; Sarah Kabala, she/her; Allison Mi, she/her

As stress may impact the mental health of adolescents, a Photovoice study invited grade 9 students to photograph their stressors and appeasing factors in school. The main stressors identified concern their academic obligations and relationships, whereas the most named appeasing factor was nature.

Objectives
1. Appraise the potential of a Photovoice activity to give voice to adolescents.
2. Identify some of the school stressors experienced by adolescents.
3. Recommend practical solutions to schools to reduce the level of stress of adolescents.

Getting Back to Normal: Take the Shot!

Latissa Hall, She/Her/Hers, MS; Cydney Hall, She/Her/Hers; Cayce Hall, She/Her/Hers; Keerthana Pradeep, She/Her/Hers; Lucia Rodriguez, She/Her/Hers; Kidan Yerfu, She/Her/Hers

COVID-19 has killed over 675,000 Americans and over 4.5 million people worldwide. The Nashville community came together to create a citywide campaign that promotes COVID vaccinations. The Youth Advisory Board created a PSA that focused on debunking COVID myths and promoting vaccinations in youth.

Objectives
1. Identify strategies that actively engage young people in service-learning projects.
2. List tactics that incorporate equity throughout the learning process.
3. Identify the characteristics of an ally for all young people.

Youth G.P.S.: Engaging Youth on Substance Misuse in a Store-Front Youth Sexual Health Clinic*

Andrew (Andy) Lim, They/Them/Theirs, MPH, CHES, CPH; Jazmine Dehinde-Roberson, She/They

Substance use among youth has been shown to be related to sexual health outcomes. Our presentation will describe how a youth-facilitated electronic screening, brief intervention, and referral to treatment (e-SBIRT) program at a youth clinic can engage youth and reduce substance misuse.

Objectives
1. Describe the relationship between youth substance misuse and youth sexual health outcomes.
2. List two benefits and challenges of incorporating electronic screening, brief intervention, and referral to treatment (e-SBIRT) programs into youth sexual health clinics.
3. Explain how youth can be engaged at the community level on substance misuse-related messaging.

*Content Warning: Substance (mis)use, including alcohol; mental illness, including addiction; and sex, sexuality, and sexual health. Brief mentions of intimate partner violence and sexual violence.

12:45 PM - 2:15 PM // Technology Oral Presentations

Lineage: A Digital-Analog Educational Game to Engage Adolescents in Reproductive Justice Efforts

Ailea Stites, They/Them/Theirs; Oluwatomi Dugbo, She/Her/Hers

Incorporating game-based learning into the virtual classroom through a social justice lens offers a novel mechanism for adolescent engagement. We describe the design and initial feasibility of Lineage, a digital-analog reproductive justice game created for remote learning environments.

Objectives
1. Identify opportunities to meaningfully involve adolescents in the intervention design process.
2. Describe how game-based learning can educate and engage students in reproductive justice efforts.
3. Identify opportunities to incorporate justice-based lenses into adolescent health interventions.

Sex Ed by App: Building and Evaluating a Comprehensive Sex Education App**

Tatiana Jospehy, She/Her/Hers, BA; Debra Stulberg, She/Her/Hers, MD

Despite the proven benefits of sex ed in reducing unplanned pregnancies and heath disparities, access to sex ed varies widely across schools. "Wonder: Daily Sex Ed for Teens" is an app developed by our team. We are studying whether it is an effective tool for increasing sexual health knowledge.

Objectives
1. Define recent trends in sex education in U.S. schools.
2. Summarize the landscape of smartphone apps in delivering sex education content to adolescents.
3. Measure the effect that a sex education smartphone app has on sexual health knowledge and attitudes.

*Content Warning: Racism, institutional violence.
**Content Warning: Sexual assault, eating disorders, pregnancy, abortion, mental illness.

Native It's Your Game 2.0: Technology-Based Sexual Health Curriculum for AI/AN Youth*

Gabrielle Evans, She/Her/Hers, MPH, CHES; Stephanie Craig Rushing, She/Her, PhD, MPH

Few culturally relevant sexual health education programs exist for Native youth. This presentation will provide insight on the effectiveness of an online HIV/STI and pregnancy prevention program among AI/AN youth in three geographically dispersed regions.

Objectives
1. Identify sexual and reproductive inequalities faced by Native youth.
2. Understand the need for culturally relevant material.
3. Understand the effectiveness of NIYG in reducing sexual and reproductive inequalities faced by Native youth.

Marketing Strategies and Digital Campaigns to Amplify Youth Voice Regarding Sexual Health

Erica Wilson, She/Her/Hers, BS; Joanna Gamez, She/Her/Hers, MSN, RN, CPNP

The North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT) is a youth serving organization providing medically accurate, inclusive, and trauma-informed sex education for teens and parents in Dallas, TX and working to increase education and access to sexual health education and resources.

Objectives
1. Recognize one strategy to reach an adolescent-targeted audience through marketing and communications.
2. Identify one way to amplify youth voice through digital campaigns.
3. Identify one way to amplify youth voice when promoting a fundraising events.

2:15 PM - 3:15 PM // Lunch

2:30 PM - 3:00 PM // Awards
Excellence in Adolescent Health Award Presentation

Excellence in Adolescent Health Award
Presentation & Closing Remarks

*Content Warning: Abuse, mental health, and suicide.

3:15 PM - 4:15 PM // Breakout Session Three

Partnering with Youth to Enhance Healthcare Access and Experience

Christi Esquivel, She/Her/Hers, PhD, MEd, CHES; Sara Flores, She/Her/Hers, BS; Whitney Garney, She/Her/Hers, PhD, MPH; Bria Combs, She/Her/Hers; Kelly Wilson, She/Her/Hers, PhD, MCHES®

This session will discuss how a national teen advisory group (TAG) contributes to the development of innovative programs aimed at increasing access to healthcare through the Comprehensive Healthcare for Adolescents Initiative (CHAI) project.

Objectives
1. Consider mutually beneficial forms of compensating adolescents.
2. Explore ways to engage and learn from adolescents in hands-on activities.
3. Analyze the benefits of adolescent perspectives on program content and contributions to program development.

Collaborative Strategies to Improve Outcomes for Adolescents Affected by Substance Use Disorders Involved in Child Welfare*

Sarah Fox, She/Her/Hers, MA; Kelly Jones, She/Her/Hers, MPA

This session will detail the unique risks and needs of adolescents and transitional aged youth involved in child welfare who are affected by substance use disorders, address how to identify key stakeholders in existing systems, and review collaborative strategies to meet the needs of adolescents.

Objectives
1. Identify common attitudes, assumptions, and biases about youth involved in child welfare.
2. Identify key strategies and resources to prevent or treat adolescent substance use disorders, promote resilience, recovery, and positive youth development for adolescents involved in child welfare.
3. Identify concrete strategies for collaboration when working with adolescents affected by substance use disorders including transitional aged youth involved in child welfare and the juvenile justice system.

Sexual Consent Education: From Youth Participatory Action Research to Participatory Evaluation and Programming**

Vivian Cortés, She/Her/Hers, MPH, MCHES; Molly Berman, She/Her/Hers, MSW; Mars Estudillo, they/them

New York City Teens Connection will share how their youth participatory action research project launched a video campaign, guide, and evaluation tools. Participants will learn how youth and community participation was incorporated in creating the Youth Engagement Guide on Sexual Consent Communication.

Objectives
1. Identify ways to include community members in participatory research and campaign design opportunities.
2. Describe how partner inclusion in programmatic evaluation efforts improved programming and informed the development of the Ask Before You Act Campaign.
3. Apply the activities and discussions shared in the Ask Before You Act Youth Engagement Guide to their own work with young people.

Insights from the LA DPH Youth Advisory Council: an Overview for Replicability

Pamina Bagchi, She/Her/Hers, MPH; Ivonne Galicia, she/her/they

Traditionally, many public health programs targeting adolescents focus on solving single issues like drug abuse or teen pregnancy. However, research shows that focusing on youth's strengths may enhance their overall health and decision making through the Positive Youth Development (PYD) principles.

Objectives
1. Recall one of the principles from the Positive Youth Development (PYD) framework.
2. Share one strategy to engage youth in a leadership program.
3. Share one key takeaway of how using the PYD principles can enhance overall health and decision-making.

*Content Warning: Child abuse, abuse, pregnancy, mental illness
**Content Warning: Potential discussion of sexual assault or sexual coercion.

Translating, Communicating, and Engaging for Evidence-Based Change in Adolescent Communities*

Valerie Reynolds, She/Her/Hers, MBA, MS; Erin Garcia, She/Her/Hers, MS

This session will focus on the importance of how to design asset-based narratives, translate science, and disseminate research in a manner that not only reaches young people but also engages those who have a direct impact on their lives and overall health and well-being.

Objectives
1. Understand how strategic external stakeholder engagement and communication advance change at the community and system-level.
2. Identify and understand how to engage key community and state stakeholders.
3. Translate and disseminate science beyond the academy.

*Content Warning: Race, Racism, Ageism (Adultification)

4:30 PM - 5:30 PM // Breakout Four

Indigenizing Adolescent Health*

Nicole Trevino, She/They, MA, CHES; Jane Manthai She/Her/Hers, BS

The HNY team will share their lessons learned and uniquely indigenous approaches for improving adolescent health curricula, programs, and services for Native youth, including examples from the We R Native and Native STAND curriculum adaptations and the development of other resources for communities.

Objectives

1. Explain what cultural relevance means and why it is important for adolescent health programs and services.
2. Describe methods for building community with Alaskan Native/American Indian communities and youth as experts in their local contexts, cultural values, and implementation requirements.
3. Compare their current approaches to program development, adaptation, and improvement with the methods used by the Healthy Native Youth team.

Enhancing School Health: Updates to CDC's Health Education Curriculum Analysis Tool (HECAT)

Leigh E. Szucs, She/Her/Hers, PhD, CHES; Emily Young, She/Her/Hers, MSEd, MPH; Melissa Fahrenbruch, MEd

This session overviews updates to Centers for Disease Control and Prevention's Health Education Curriculum Analysis Tool (HECAT) and uses peersharing and practice with key features of the HECAT to develop participants' skills for conducting systematic analysis of health education curriculum.

Objectives

1. Describe four features of CDC's HECAT to help schools and communities improve selection of curricula to support HIV/STD, and unintended pregnancy prevention.
2. Identify three facilitators and barriers to using CDC's HECAT to analyze health education curricula.
3. Construct three action steps for using CDC's HECAT to improve effective curriculum-based prevention education.

*Content Warning: This session will describe adaptations and accommodations made to address the prevalent lived experiences of trauma in American Indian and Alaskan Native youth and communities. We recognize the impact that all types of trauma have on Native youth, adults and communities, including sexual assault, missing and murdered indigenous women and relatives, and other historical and current-day traumas. While many Native adults and youth have experienced a range of traumas, our work presented in this session will demonstrate how we approach adapting programs and services to address those lived experiences that are all too common in Native communities.

Foster-Friendly Health Care: Concrete Approaches to Delivering Sexual Health Care to Youth in Foster Care*

Rebecca Gudeman, She/Her/Hers, JD, MPA; Erica Monasterio, She/Her/Hers, MN, FNP-BC; Daniel Albert Bisuano, He/Him/His

Come hear how to implement the basic tenets of inclusive, respectful, and empowering health care provision when providing sexual and reproductive care to youth in foster care while also learning about a new Health Care Provider Guide created by and with former foster youth.

Objectives

1. Describe some of the unique barriers and facilitators to accessing sexual and reproductive health care for youth in foster care.
2. Describe the key principles of practice and approaches to implementing inclusive, respectful, and empowering health care provision with vulnerable populations such as youth in foster care.
3. Engage in a preliminary evaluation of their own program and practice for its 'foster friendliness" and identify concrete changes they can implement to improve the quality and accessibility of their program for youth in foster care.

Educating, Engaging, and Empowering Teens During COVID-19: The Promise of Telehealth and Tel-education

Emily Wasson, She/Her/Hers, MPH, CHES; Marina Quintanilla, She/Her/Ella, MPH, CHES; Saul Rivera, He/Him; Arathzy Portilla, She/her/hers; Angelica Sac-Tzep, She/her/hers

This session will provide data, strategies and best practices for effectively educating, engaging, empowering, and serving teens remotely during the pandemic. Lessons learned can be integrated into programs and health care delivery during the public health emergency and beyond.

Objectives

1. Describe how to center youth voices in virtual youth programs.
2. Integrate two new strategies for effectively and meaningfully reaching and engaging youth remotely.
3. Understand the ways telehealth and teleducation impact youth's ability to access care and information.

*Content Warning: This session focuses on providing care for youth who have experienced trauma, including abuse, neglect and sexual assault. It includes youth quotes and voice that may related to these topics and to experiences of exclusion, including racism.

Cut the Cameras: Utilizing Media to Talk About Relationship Abuse with Young People*

Audrey Gabriel, She/Her/Hers; Baila Salifou, She/Her/Hers

Join the School-Based Health Alliance for a youth-led presentation where together we will analyze unhealthy relationships and behaviors portrayed in popular media, deconstruct patterns of abuse, and discuss how to utilize media portrayals when talking with young people in a health center setting.

Objectives
1. Identify examples of adolescent relationship abuse in various popular media examples.
2. Understand different ways providers can utilize media examples when discussing toxic relationship behaviors.
3. Recognize the value of discussing healthy relationships with youth in an effort to empower young people to create culture shifts around safe and supportive relationships.

*Content Warning: Relationship abuse including sexual, emotional, and physical