

100% YOUTH-LED

100% VIRTUAL

9TH ANNUAL CONFERENCE
ON ADOLESCENT HEALTH
Translating research into practice

All times listed are in Eastern Standard Time (EST). Shifting of presentation time slots still may occur. *Please note, content warnings and other details may have not yet been added to the descriptions on the following pages.*

Thursday, May 11, 2023

10:30-11:00 Exhibiting Booths Open

11:00-11:40 Opening Remarks,
Land Acknowledgement

11:40-12:45 Featured Session

12:45-1:00 Break

1:00-2:00 Breakout One

2:00-2:15 Break

2:15-3:15 Breakout Two

3:15-3:30 Break

3:30-4:45 Awards, Featured
Session

4:45-5:30 Networking Session

Friday, May 12, 2023

10:30-11:00 Exhibiting Booths Open

11:00-11:40 Opening Remarks,
Awards

11:40-12:45 Featured Session

12:45-1:00 Break

1:00-2:00 Breakout Three

2:00-2:15 Break

2:15-3:45 Oral Sessions

3:45-4:00 Break

4:00-5:30 Youth Featured Session,
Closing Remarks

Detailed Agenda // Day 1 // EST

Thursday, May 11, 2023

11:00 AM - 11:40 AM // Land Acknowledgement, Opening Remarks

Land Acknowledgement

Jesse Deer in Water, citizen of the Cherokee Nation of Oklahoma, leader in CRAFT: Citizen Resistance at Fermi Two.

Opening Remarks

Adolescent Health Initiative: Director Dana Thomas, MPH, (she/her) and TAC TAC Member, Aayush Unadkat (he/him)

11:40 AM - 12:45 PM // Featured Session

Racial Equity and Mental Health: Centering Youth Voices with Community-Based Participatory Research

- Enrique Neblett (he/him) Ph.D., Professor, Health Behavior & Health Education, Faculty Co-Lead for Diversity, Equity, and Inclusion at UM's School of Public Health, Associate Director of Detroit Community-Academic Urban Research Center
- Presentation will include video clips, audio clips, quotes from youth in impacted community.

This presentation will describe recent research employing community-based participatory research (CBPR) to promote racial equity and mental health for Black youth. Two research projects include a photovoice study of racial equity and mental health in African American 8th graders in Raleigh, North Carolina and a new project examining mental health barriers to participation in workforce development programs in Detroit Michigan. These projects will illustrate how CBPR can be used as an approach to centering the voices and stories of young people in research.

Objectives

1. Identify at least 3 recent trends and challenges impacting Black adolescent mental health
2. Understand community-based participatory research (CBPR) as an approach to centering the voices and stories of young people in research
3. Explore photovoice as a technique for improving mental health equity for Black adolescents in the United States

Content Warning:

Detailed Agenda // Day 1 // EST

1:00 PM - 2:00 PM // Breakout Session One

Working with the Transmasculine Population

- Lucas Rojas (he/they) BS, Childrens Hospital Los Angeles
- Youth partners: To be announced

Health inequities that affect the transmasculine community will be discussed, this will cover access to health care, Biomedical HIV Prevention, medical mistrust, race and so much more.

Objectives

1. Audience will learn about some of the disparities and needs in the transmasculine community
2. Audience will learn about Biomedical HIV Prevention & contraceptive methods available to this population as well as barriers to access
3. Understand how to actively respect transgender and gender nonconforming clients along the transmasculine spectrum
4. Discuss exemplary practices that support trans and gender nonbinary clients along the transmasculine spectrum

Content Warning:

Changing the Opioid Epidemic Trajectory Through Education and Prevention

- Karen Cooper (she/her) MD, Michigan OPEN
- Heidi Aslesen (she/her) MPH, Grant and QI Manager, Michigan OPEN
- Zahra Dawson (she/her), MPH, Quality Improvement Coordinator, Michigan OPEN
- This session will include video clips, audio clips, or quotes from youth in impacted community.

The Opioid Prescribing Engagement Network (OPEN) works to change the trajectory of the opioid epidemic through education by developing best practices to educate the community and healthcare providers. We have also implemented prevention strategies such as evidence-based prescribing recommendations.

Objectives

1. Understand that many adolescents are introduced to opioids for the first time after surgery, making it an important and unique opportunity for education and prevention.
2. Recount how to use educational materials and best practices to share with your community.
3. Describe how procedure-specific opioid prescribing recommendations can be used to make a difference in the opioid epidemic.

Content Warning: Opioid use/substance use

Detailed Agenda // Day 1 // EST

1:00 PM - 2:00 PM // Breakout Session One (Continued)

Empower U: Enhancing youth empowerment program outcomes using a racial equity lens

- Trudy Hall (she/her) MPH, Program for Multicultural Health
- Cindy Anim-Gyan (she/her) MPH, Program for Multicultural Health
- Jorja Wegryn-Jones, Intern; Arul Rajeswaran, Intern
- Youth partners: Shakira Johnson Roberson- Parkridge Community Center, Demya Rogers- Community Family Life Center, Aaliyah Legette- Community Family Life Center, Said Ali- Michigan Islamic Academy (9th Grade), Zaina Ali- Michigan Islamic Academy (9th Grade), Leen Hussein - Michigan Islamic Academy (6th Grade), Mohammad Alsamawi - Michigan Islamic Academy (6th Grade)

This presentation will highlight how a racial equity lens and centering youth voice led to improved outcomes for a youth life skills development program (Empower U) and share practical tips on applying a racial equity lens in community-based youth programs.

Objectives

1. Identify key strategies for operationalizing a racial equity lens in a youth empowerment program.
2. Discuss ways to center youth voices by engaging youth in program planning, delivery, and evaluation.
3. Explain effective methods for gathering quantitative and qualitative data with a racial equity lens.

Content Warning:

Teaching Teens to Think Twice: A Campaign Designed With Youth, For Youth

- Chloe McIntosh (she/her) BA, RTI International
- Youth Partner: Jasmin Langomas (she/her), We Think Twice Insider/Student

Using evidence-based research and iterative feedback from youth, the youth-centered We Think Twice campaign develops reliable resources for teens on topics important to them. Presenters will provide an overview of the campaign and workshop strategies to better engage youth in participants' work.

Objectives

1. Explain the value of including youth in the development of materials and content
2. Identify strategies for authentically engaging youth in project work
3. Describe ways to effectively engage and recruit youth through social media

Content Warning: We don't plan to share any sensitive material but do plan to share with the audience how we handle when teens self-disclose sensitive information.

Detailed Agenda // Day 1 // EST

1:00 PM - 2:00 PM // Breakout Session One (Continued)

Toxic Positivity and Mental Health

- **YOUTH LED:** Hasini Anand, Washtenaw International High School Freshman, Niharika Pola Canton High School Sophomore, and Dalon Brown, Member of Corner Health Center Theatre Troupe and Youth Leadership Council
- Ashley Anderson (she/her) MPA, Corner Health Center

The obsession with positive thinking has created a culture where it's become acceptable to put a positive spin on all experiences. The mental health of young people can be compromised with this line of thinking. Join us as we dissect the culture and impacts of toxic positivity amongst adolescents.

Objectives

1. Recognize the difference between toxic positivity and being affirming
2. Understand the cultural context in which toxic positivity exists
3. Utilize practical tools to hold uncomfortable conversations
4. Determine the need for positive relief
5. Assess potential implications of feedback given in the long-term mental health of youth

Content Warning:

Using Group Concept Mapping to Create a Framework for Engaging Youth in SRH Programming

- Pam Drake (she/her) Ph.D., ETR
- Youth Partners: Arely Adylene (she/her) and Archer Moore (they/them)

Our session will review the use of a group concept mapping process to create a conceptual model for engaging youth in sexual and reproductive health programming; particularly BIPOC LGBTQ+ youth and young men of color. We will walk through the process, present the model, and explore use of the model.

Objectives

1. Explain the group concept mapping process
2. Identify the main components of the YEN youth engagement conceptual model
3. List 2 ways to use the model

Content Warning:

Detailed Agenda // Day 1 // EST

2:15 PM - 3:15 PM // Breakout Session Two

Eating Disorder Diagnosis and Treatment: DEI Considerations

- Terrill Bravender (he/him) MD, MPH, Comprehensive Eating Disorders Program, Adolescent Medicine, Michigan Medicine
- Natalie Prohaska, MD, Child and Adolescent Psychiatrist, Comprehensive Eating Disorders Program
- Jessica VanHuysse, PhD, Clinical Psychologist, Comprehensive Eating Disorders Program
- Youth Partners: Members of AHI's Teen Advisory Council (TAC TAC) Sarah Kabala (she/her), Anum Latif (she/her), and Sri Tharika Jothipuram Jayakumar (she/her)

Despite the understanding that eating disorders affect all races and ethnicities, there is less data on eating disorders within the black and indigenous populations. In our talk, we will first explore how the prevalence and symptom presentation may differ in these populations. We will then discuss access to treatment barriers for BIPOC and consider how fatphobia may have racist origins.

Objectives

1. Describe eating disorder prevalence and presentation in BIPOC communities
2. Identify issues with access to eating disorder treatment that disproportionately impacts underrepresented groups and how COVID-19 may be exacerbating these issues.
3. Consider the racist origins of fatphobia.

Content Warning: We will be discussing eating disorders, fatphobia, and racism.

Meeting the Needs of Youth Involved in Child Welfare with Co-Occurring Disorders

- Claudia Alvarez-Valber (she/her) MSW, Senior Program Associate, National Center on Substance Abuse and Child Welfare (NCSACW)
- Kelly Jones (she/her) BS, National Center on Substance Abuse and Child Welfare(NCSACW)
- Presentation will include video clips, audio clips, quotes from youth in impacted community

Presentation will highlight challenges to consider when working with youth in child welfare with substance use and co-occurring disorders. Applying an equity lens when implementing a family-centered approach and strategies for collaboration with the systems serving youth will be highlighted.

Objectives

1. Participants will be able to identify common attitudes, assumptions, and biases about youth involved in child welfare and youth with multi-system involvement (e.g., juvenile justice, criminal justice)
2. Participants will identify culturally responsive, prevention-based interventions and strategies for youth involved in child welfare who are at risk for juvenile justice involvement and have substance use and mental health concerns
3. Participants will identify key strategies that enhance collaboration to support the needs of youth

Content Warning: Abuse, child abuse, pregnancy, mental illness.

Detailed Agenda // Day 1 // EST

2:15 PM - 3:15 PM // Breakout Session Two (Continued)

Digital Tools for Providing Support to LGBTQ+ Youth

- Deborah S. Levine (she/her) MSW, MAT, CenterLink: The Community of LGBT Center
- Euan Hwang (he/him) YouthLink Manager, CenterLink: The Community of LGBT Center
- This presentation will include video clips, audio clips, or quotes from youth in the impacted community

LGBTQ+ youth have unmet social and emotional needs and yet there is a lack of non-crisis online resources. Join us to learn more about two of these: imi, a science-backed mental health tool to help LGBTQ+ teens explore and affirm their identity and Q Chat Space, a program which provides facilitated, live-chat discussions for LGBTQ+ teens to find community and develop a positive LGBTQ+ identity.

Objectives

1. Accurately describe imi and Q Chat Space and the goals of both
2. Know where/how to access materials to share imi and Q Chat Space with youth
3. Understand from the youth perspective the impact of joining Q Chat Space chats and using imi.

Content Warning:

Youth-centered Approaches to Improving Sexual Health Services & Education: Insights from a statewide network

- Celena J. Ghost Dog (she/her) MPH, CPH, Northwest Portland Area Indian Health Board
- Nicole Casanova
- Youth Partners: To be announced

Partners from the Washington Youth Sexual Health Innovation & Impact Network (WYSHIIN) will share youth engagement strategies and lessons learned from each level of a Tribal, State, and Community-level Network to improve youth access to and experience with sexual healthcare, with a focus on Native and 2SLGBTQ+ youth.

Objectives

1. Identify holistic, culturally relevant approaches to sexual health services and education.
2. Identify strategies to engage young people, particularly Native and 2SLGBTQ+ youth, in programs.
3. Describe how implementing youth feedback can benefit programs' ability to improve youth experience with and access to sexual health services.

Content Warning: References to the impact of racism, homophobia, transphobia, and other forms of oppression on access to and experience with sexual health services.

Detailed Agenda // Day 1 // EST

2:15 PM - 3:15 PM // Breakout Session Two (Continued)

Queering the Air: Creating Inclusive Health Care Spaces

- Sara Kukkonen (she/they) Community Outreach Educator, Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, Kentucky
- Mollie Overby (she/they) Capacity Building Specialist, Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, Kentucky
- Youth Partners: Jolie Barga (she/they), Alex Cassisy (he/they), Elle Gariepy (she/they), Jonathan Gomez (he/him) and Billy Manzel (they/them)

INC·clued is an evidence-based program addressing the sexual health disparities affecting LGBTQ youth. Learn about INC·clued and how our LGBTQ+ Youth Advisory Group has guided improvements to the program. You'll walk away with new inclusive practices to apply to your work with queer and trans youth.

Objectives

1. Identify and discuss the specific challenges that LGBTQ+ youth face when accessing health care
2. Apply recommendations for providing inclusive care into daily job tasks
3. Describe how youth involvement can improve educational programming

Content Warning: Discussion of statistics related to the challenges facing LGBTQ+ youth in healthcare, including discrimination, negative healthcare experiences, transphobia, homophobia, and suicide.

Detailed Agenda // Day 1 // EST

3:30 PM - 3:45 PM // Awards

2023 Excellence in Adolescent Health Award Recognition

To be announced at the event by AHI's Program Manager, Tahrira Khanom (she/her).

3:45 PM - 4:45 PM // Featured Session

Youth Access to Abortion in a Post-Dobbs Landscape

- Rebecca Wang, J.D., Legal Support Director, If/When/How
- Kylee Sunderlin, Legal Support Director, If/When/How

Across the United States, people face extraordinary obstacles to accessing abortion care. This is especially true for young people under age 18, who are not only navigating a post-Dobbs landscape but are also subjected to forced parental involvement laws in 22 states. And when they cannot or do not want to involve a parent, their only other option is to seek a judicial waiver from a court to access abortion care. These legal hurdles, coupled with logistical barriers created by clinics, bar meaningful access to abortion care for young people. This session aims to dispel misinformation about youth access to abortion, share useful resources, and encourage ways to support everyone's self-determination to make decisions privately about abortion care.

Objectives

1. Understand the ways in which the post-Dobbs landscape uniquely impacts young people's access to abortion.
2. Recognize the ways in which you or your employer/organization may be inadvertently creating additional, legally unnecessary barriers to care.
3. Identify best practices and resources for supporting young people's right to self-determination and bodily autonomy.

Content Warning: This session may briefly discuss rape/incest exceptions to forced parental involvement laws.

4:45 PM - 5:30 PM // Networking Session

Youth and adult attendees are invited to check out posters and exhibiting tables in the Attendee Virtual Hub. Chatting features are also available for networking virtually. Organized by members of the AHI's Staff in conjunction with Teen Advisory Council (TAC TAC).

Detailed Agenda // Day 2 // EST

Friday, May 12, 2023

11:00 AM - 11: 40 AM // Opening Remarks & Awards

Opening Remarks

Adolescent Health Initiative: Director Dana Thomas, MPH, (she/her) and TAC TAC Member, Aayush Unadkat (he/him)

Poster Award Recognition

To be announced at the 2023 Conference.

11:40 AM - 12: 45 PM // Featured Session

Navigating the Nuances of Centering Young People in Research

- Elizabeth Miller, MD, PhD, FSAHM, Clinical and Translational Science Edmund R. McCluskey, Chair in Pediatric Medical Education, Co-Lead, The Pittsburgh Study, Co-Director, Community PARTners (Community Engagement) Core, Clinical and Translational Science Institute University of Pittsburgh School of Medicine
- Youth Partners: Satomi Fujii, Michael Crist, Amiera Blankenship

Dr. Miller and youth partners will discuss the nuances of centering young people as collaborators in research, with attention to health equity and intersectionality. This talk will focus on actionable strategies, including how to center youth and young adults in research, facilitating equitable conversations, compensating youth collaborators equitably, data literacy, safety considerations, and meeting the needs of participating youth as it relates to their many intersecting identities.

Objectives

1. Identify the social and structural barriers that inhibit youth participation in research.
2. Apply three ways to increase access to research opportunities for youth, especially youth experiencing discrimination, marginalization, and oppression.
3. Describe how involving youth as collaborators in research can strengthen science and the impact of research on adolescent health.

Content Warning: The session will discuss how discrimination, marginalization, and oppression can influence youth participation in research, including behavioral health and violence prevention research.

Detailed Agenda // Day 2 // EST

1:00-2:00 PM // Breakout Session Three

Adolescent-Centered Best Practices for Optimal Care: Replicating the Adolescent Champion Model in Arizona

- Tracy Pedrotti, MPA, Arizona Family Health Partnership
- Beheir Thompson (she/her)
- Kaleigh Cornelison (she/her), Assistant Director of the Adolescent Health Initiative
- Youth Partners: To be announced

The World Health Organization describes youth-friendly services as those that are equitable, accessible, acceptable, appropriate, and effective; however, young people often avoid accessing the services they need for various reasons, such as concerns about confidentiality, fear of judgment, racial discrimination, or inconvenient hours. In an effort to improve care delivery to adolescents, Affirm works with health centers to implement the Adolescent Champion Model (ACM), an evidence-based intervention designed to address a health center's environment, policies, and practices. During this session Affirm will discuss their experience replicating the ACM in over 25 health centers across Arizona, as well as highlight youth engagement strategies through discussion of their 'Teen Guide to a Well Visit'.

Objectives

1. Discuss the purpose for and barriers to implementing youth-centered services.
2. Describe strategies to promote youth access to care through policies, practices, services, and physical space.
3. Explicate the value of youth engagement and identify ways to involve youth in clinical health programming.

Content Warning: Racial discrimination.

Detailed Agenda // Day 2 // EST

1:00-2:00 PM // Breakout Session Three

Improving Youth Services using Trauma-Informed Youth-Centered Health Design

- Kelley Quinn (she/her) Master of Education, ETR
- Sarah Han (she/her) Master of Public Health, ETR
- Youth Partners: To be announced

Approach your work with a trauma-informed and healing-centered lens! In this workshop, you will draw insights from youth health care experiences, then collaborate on a How Might We question an acute observation meant to embolden change and inspire action. Come ready for empowerment and innovation!

Objectives

1. On the completion of this session, participants will be able to understand the TIYCHD approach and its application to youth engagement and service provision
2. On the completion of this session, participants will be able to identify at least one way to center youth voices in their workspace
3. On the completion of this session, participants will be able to identify resources for implementing a trauma-informed and healing-centered approach for working with youth

Content Warning: Potentially traumatizing content and language on systemic racism and other marginalized identities. Potentially triggering quotes from youth care-seeking experiences could vary but may include: sexual assault, self-harm or suicide ideation, racism, transphobia, homophobia, and sexism.

Detailed Agenda // Day 2 // EST

1:00-2:00 PM // Breakout Session Three (Continued)

Sex Education for Learners with Intellectual and Developmental Disabilities

- Jess Balac (she/her) Program Coordinator, MAT, James Madison University
- Maddie Fowler (they/she) Masters Candidate at Pontificia Universidad Católica de Chile, James Madison University
- This presentation will include video clips, audio clips, or quotes from youth in the impacted community

This session examines sex education with a disability lens and will help participants feel more prepared when teaching youth with IDD. Participants will hear about barriers IDD individuals face in accessing comprehensive sex education and learn strategies to teach complex sexual health concepts.

Objectives

1. Participants will be able to understand barriers youth with IDD face in accessing sexual health education.
2. Participants will be able to explain best practices for teaching sex ed in classrooms with diverse learners.
3. Participants will be able to apply strategies for explaining complex sexual health concepts.

Content Warning:

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //Primary Care Oral Sessions

Improving Youth Question-Asking and Provider Education During Pediatric Asthma Visits: The Impact On Outcomes 12 Months Later.

- Betsy Sleath, PhD, Cecil G. Sheps Center for Health Services Research, **PCORI-FUNDED RESEARCHER**
- This session will include video clips, audio clips, or quotes from youth in impacted community.

This presentation will discuss the results of a randomized controlled trial of a pre-visit asthma video/question prompt list intervention designed to increase youth question-asking during pediatric visits. The topics which will be covered include: co-designing the intervention with youth, the impact of the intervention on youth question-asking and provider education, and on youth asthma control and quality-of-life 12 months later. Finally, we will discuss the development of our website "Information for the Evolving Teenager" (iuevo.org) to disseminate our asthma intervention materials.

Objectives

1. To describe how the pre-visit asthma video/question prompt list was co-developed with youth.
2. To examine how the intervention impacted youth question-asking, provider education, and youth asthma outcomes in the trial.
3. To describe how the team co-designed a website with youth to disseminate the asthma intervention materials.

Content Warning:

Enhancing Adolescent "Time-Along" Visit Protocol that Promotes Confidential Adolescent Healthcare

- Kehinde T Eniola, MD, MPH, CPE, FAAFP, Cone Health Family Medicine NC
- Youth Partners: Jenny Liao, Shivangi Bhatt, Arlo Johnston, and Fanta Guindo, Members of AHI's Teen Advisory Council (TAC TAC)

This session will discuss the various "Time-alone" strategies implemented by different practices that enhance the provision of confidential healthcare for adolescents.

Objectives

1. Identify the various "Time-alone" strategies that support confidential adolescent care
2. Identify various barriers to implementing "time alone" protocol in ambulatory settings and discuss barrier mitigation strategies.
3. Identify available educational resources for providing confidential care in ambulatory care settings.

Content Warning: No content warnings are associated with this presentation.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //Primary Care Oral Sessions (Continued)

What I Need to Know: Designing for health empowerment through youth engagement

- Whitney Wilson (she/her) MPH, University of California, San Francisco
- Erin Wingo (she/her) MSPH, University of California, San Francisco
- Youth Partner: To be announced

In collaboration with youth advisors, we developed and piloted an empowerment-focused online educational resource to aid teens in SRH decision-making and care navigation. Post-intervention, teens showed greater confidence in accessing healthcare independently and communicating with providers.

Objectives

1. Explain unique challenges teens, particularly BIPOC teens, face in accessing healthcare services, particularly sexual and reproductive health services
2. Describe youth engagement strategies that help ensure intervention development that is relevant to and representative of teen's experiences, needs, and preferences
3. Identify how a community-informed, empowerment-focused online educational resource improved teen confidence in healthcare access and getting their SRH needs met.

Content Warning: May discuss experiences of mistreatment in healthcare.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //Primary Care Oral Sessions (Continued)

Trans2: Promoting Positive Transitions from Pediatric to Adult Care for Transgender and Gender Diverse Adolescents

- R Reichenbach (she/her) BA Medical Student, University of Arizona College of Medicine Phoenix
- Youth Partner: To be announced

This presentation aims to foster conversation around approaches for promoting positive outcomes among transgender and gender diverse adolescents, who are in the process of transitioning from pediatric to adult care. The discussion will be grounded in an ongoing quality improvement project, in which anonymized survey feedback, as well as interviews, are illuminating specific ways in which the transition process should be improved to promote positive outcomes. A key goal of this presentation is to shift the conversation away from healthcare disparities, and towards a deeper investigation of how the healthcare system can, and must, change, in order to best support our transgender and gender diverse adolescents.

Objectives

1. To contribute to a body of healthcare reform work which seeks to embody a paradigm shift: moving away from an extractive examination of health disparities, and towards a critical analysis of the ways in which the healthcare system must change in order to better care for queer patients.
2. To highlight patient-voiced areas in which healthcare providers can increase patient support, specifically for trans and gender diverse adolescents who are transitioning to adult care.
3. To foster the beginning of a conversation regarding how the healthcare system can rebuild -- not simply to include queer patients, but to help our adolescents thrive.

Content Warning: Anonymized, patient-reported input on possible gaps in readiness for transition to adult care will be shared. Some of the gaps described include mental health support, and support in living openly in one's affirmed gender. We reference this analysis as we feel that patient-guided feedback is important in understanding precisely where the healthcare system must change to promote positive outcomes for patients. And, we understand and respect that statistics are often used as a tool of violence. While we have endeavored to keep the statistics mentioned in this presentation connected to the stories and words of patients who contributed to them, we invite listeners to engage within their comfort.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // School-Based Health & Community_ Engagement Oral Sessions

Youth Leveraging Their Voice to Influence Rural Audiences Regarding Vaccine Education

- Alyssa Picone, she/her, MBA, RDN, Michigan State University Extension
- Eilish McGhee, she/her, BSW, MPH, Michigan State University Extension
- Youth Partner: To be announced

This session will provide an overview of the Michigan Vaccine Project (MVP), a youth-led and youth-defined social media campaign with the goal of providing evidence-based information about COVID-19 and immunizations to rural communities in Michigan with low vaccination rates.

Objectives

1. Identify ways to include youth voice in public health education and outreach
2. Understand the value of youth leadership/voice
3. Learn social media strategies for health promotion practices

Content Warning:

Menstrual Needs and Attitudes on a University Campus

- **YOUTH-LED:** Abigail Suleman (she/her) BS, MPH Student, Blood Buds
- **YOUTH-LED:** Shruthi Krishna, Undergraduate Student at UIC/Bloods Bloods Leader

We quantitatively examine the menstrual attitudes, experiences, and needs of university students of all genders, including non-menstruators, at an Illinois university. This has direct implications on the role of post-secondary institutions in supporting students' menstrual management and knowledge.

Objectives

1. Identify the appropriate resources and methods of communication to respond to students' menstrual needs and knowledge while at school
2. Assess period attitudes, experiences, and needs among youth and adolescents in school and community environments
3. Summarize the results of the campus-wide menstrual survey of a post-secondary educational institution

Content Warning: This presentation discusses and shows images of menstrual blood and reproductive anatomy. We also describe risky behaviors and difficult decisions related to economic challenges and poverty. Finally, this presentation will briefly highlight mental health disorders.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //School-Based Health & Community_
Engagement Oral Sessions (Continued).

Trying to Make Cancer Suck Less: Evaluating an AYA Cancer Program

- Elizabeth Stuchell (she/her) MSW, Program Manager, University of Michigan Health
- Emily Walling (she/her) MPH, MD, University of Michigan Health
- Youth Partner: To be announced

The UM Health Adolescent and Young Adult Cancer Program partnered with the Adolescent Health Initiative to evaluate and advance the Program's goals. For AHI, collaborating with a medical subspecialty was new territory. This session will share results from the 18-month ACE-AP process and the road we took to get there.

Objectives

1. Participants will understand the unique barriers that exist for young people diagnosed with cancer
2. Participants will learn how AHI's ACE-AP process can be utilized in a medical-subspecialty clinic
3. Participants will be prepared to recognize opportunities and challenges when working to make change with and on behalf of young people

Content Warning: This presentation contains content relating to cancer including types of cancer, treatment and side effects (both emotional and physical). We acknowledge every persons experience with cancer is different and encourage you to utilize resources such as the Leukemia/Lymphoma Society, Elephants and Tea or the American Cancer Society.

Detailed Agenda // Day 2 // EST

Centering the Margins: Applying Public Health Critical Race Praxis in Exploring Black Adolescent and Young Adult Fatherhood

- **YOUTH-LED:** Kiara Hunter (she/her) undergraduate student, Elon University, Public Health Studies
- Samuel L.K. Baxter (he/him) PhD, MPH
- Dr. Lorenzo Hopper (he/him) UNC Charlotte, Public Health Science
- Dr. Stephanie Baker (she/her) Elon University, Public Health Studies

Researchers worked in partnership with a community advisory board to conceptualize and implement a study of Black adolescent and young adult (AYA) fathers. Grounded in Public Health Critical Race Praxis (PHCRP), a derivative of Critical Race Theory, this research and presentation will provide historical and current context of fatherhood for young Black men. A key goal of this presentation is to start a new, more accurate, dialogue surrounding the experiences of adolescent and young adult Black fathers. In this way, society and public health initiatives can be more attuned to making recruitment and support efforts more culturally appropriate and accessible.

Objectives

1. Participants will demonstrate an understanding of the definition and practical usage of Public Health Critical Race Praxis and elements of community-based participatory research.
2. Participants will describe existing challenges and barriers for adolescent and young adult Black fathers.
3. Participants will identify challenges in recruiting historically marginalized communities and describe methods used to overcome said challenges.

Content Warning:

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Youth Engagement Oral Sessions

Engaging youth as 'mystery clients' to evaluate sexual and reproductive health services

- Natasha Borgen (she/her) MPH, Research Staff, Institute for Health Policy Studies; University of California, San Francisco
- Youth Partner: Fernanda Arrechea (she/her) high school graduate, currently a sophomore in college

Three local youth were trained as Mystery Clients to assess how youth friendly sexual and reproductive health services are in rural Fresno County, California. This presentation shares results from the evaluation and discusses successes and challenges of using mystery client methods with youth.

Objectives

1. Describe mystery client methodology and how to apply it to research and evaluation projects with young people
2. Discuss the challenges and benefits of engaging youth as mystery clients in research and evaluation
3. Summarize potential barriers that youth experience when seeking reproductive health care in rural settings, as well as potential solutions

Content Warning: No content warnings associated with this presentation.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Youth Engagement Oral Sessions (Continued)

Engaging Youth in Statewide Program and Policy Development

- Lev Schneidman (they/them) Program Analyst, Oregon Health Authority
- Alexis Phillips (she/her) MPH, Adolescent & School Health Policy and Assessment Specialist, Oregon Health Authority
- Youth Partner: To be announced

This presentation will highlight policies that were created by youth from Oregon Health Authority's Youth Advisory Council (YAC) in partnership with the public health unit to center youth voice in program and policy development. The YAC is made up of 20 diverse youth from across Oregon.

Objectives

1. Discuss ways to create youth-adult partnerships in a statewide public health setting, including shared decision-making power
2. Identify policies that can support meaningful youth engagement in an organization
3. Understand the logistics of building a youth advisory council

Content Warning:

Youth Create! A National Platform for Youth Voice

- Karen Silver (she/her) MPH, HHS Office of Population Affairs
- Tammy Bartasavich (she/her) MA, HHS Office of Population Affairs
- Mika Lissade (she/her), OIC of South Florida
- Ema Eyasmin (she/her), Planned Parenthood of Greater NY, Project Supporting Teens in Queens
- Youth Partners: Tanya Garcia (they/them), Hector Ibarra (he/him), Gabriela Recalde (she/her), Julie Rodriguez (she/her), Monica Julien (she/her), Nivic Herard (he/him), and Claudine Luc (she/her)

The HHS Office of Population Affairs (OPA) Teen Pregnancy Prevention (TPP) program helps advance adolescent sexual health by funding the implementation of evidence-based programs. OPA's Youth Create! initiative invites youth from TPP grant programs to express themselves on a national platform.

Objectives

1. Identify a strategy for elevating and showcasing youth voice in health education programs
2. Describe a process for inviting youth to share their voice and creativity on health-related topics
3. Discuss why it is important to incorporate youth voice into public health programs

Content Warning: Mildly sensitive material.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Technology & Communication Oral Sessions

PATCH Youth Advocacy Fellowship: A Model to Support & Engage Youth in Public Health Initiatives

- Kayla Sippl (she/her) B.S., PATCH Program
- Youth Partners: Jamillah Jallow (she/her) and Saloni Chaurasia (she/her), PATCH Youth Advocates

Wisconsin PATCH hires and trains youth from across the state to be part of community- and state-based adolescent health conversations. This presentation will highlight our model for youth engagement, youth advocacy program model, and the impacts it's having on youth and our communities.

Objectives

1. Explain the structure of PATCH's Youth Advocacy Fellowship.
2. Explore steps for engaging youth in advocacy work.
3. Highlight ways PATCH actively collaborates with others to ensure youth voice is at the center of adolescent health initiatives.

Content Warning:

National Adolescent Health Month: Rebranding to highlight stakeholder, grantee, and youth voice

- Emily Novick (she/her) MPP, Senior Public Health Analyst, HHS Office of Population Affairs
- Armin Aflaki (he/him) MPH, Public Health Analyst, HHS Office of Population Affairs
- Connie Gunnoe (she/her), J.D. Halstead (she/her), Kailee Eskins (she/her), and Riley Vereen (she/her)
- Youth Partner: Phillisha Kimbles

Staff from the HHS Office of Population Affairs will discuss rebranding National Adolescent Health Month (NAHM) with a focus on positive youth development and diverse stakeholder, grantee, and youth engagement. Youth from Mission West Virginia will present on their experience participating in National Adolescent Health Month in 2022.

Objectives

1. Summarize the process of rebranding a national health observance
2. Identify metrics that track activities for National Adolescent Health Month
3. Explain how NAHM demonstrates meaningful stakeholder, grantee, and youth engagement

Content Warning:

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //Technology & Communication Oral Sessions (Continued)

Young Adults and Sexual Health Communications: National Survey and Focus Group Findings

- Susan Gilbert (she/her) MPA, National Coalition for Sexual Health
- Youth Partner: To be announced

Being able to communicate openly with sexual partners is key to good sexual health. However, these conversations are often avoided. We will share research exploring the barriers to and perceived benefits of open communication, and the information young adults are seeking to improve communication.

Objectives

1. Explain young adults' sexual health communication and relationship experiences
2. Understand the barriers young adults are facing when communicating with sexual partners, and the information they need to improve communications
3. Identify the implications of the research findings for message and program development

Content Warning: This presentation discusses young adults experiences communicating with sexual partners on a wide range of topics related to sex and sexual health. This includes mentions of sexual trauma and abuse. However, there will be no in-depth discussion of these topics.

Best Practices for Engaging Youth in Digital Media Spaces with AMAZE

- Victoria Ogunleye (x/x),
- Youth Partners: Aarush Santoshi (x/x), Bogi Szalai (x/x)

Description to be added.

Objectives

- 1.

Content Warning:

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM //Technology & Communication Oral Sessions (Continued)

Findings from three youth-led, nationwide text message surveys of perspectives on adolescent health

- Amanda Ajrouche, MSW, Department of Family Medicine, University of Michigan Ann Arbor
- Sam A. Chuisano, MPH, Department of Family Medicine, University of Michigan Ann Arbor
- Melissa DeJonckheere, PhD
- Youth Partners: Anwar Ahmed, Areeba Mirza, Arwa Alashwal, Bianca Barraza, Hannah Knoll, Jessica Anyanwu, Lujain Alkawri, Maisa Alwah, Mona Mesed, Nadia Ceaser, Nameh S, Preya Patel, Selene Alatrach, Sri Tharika Jothipuram Jayakumar (AHI TAC TAC), Zainab Ahmed, and Zeena Salim

Youth co-researchers from MYHealth, a research training program for high school students, will present their findings from text message polls of youth in the U.S. and discuss implications for change. Youth-selected topics include mental health, health education, and adolescent health.

Objectives

1. Describe strategies used in a research training program that engages youth as co-researchers
2. Describe the overarching goals and data collection methods of MyVoice, a national text-message-based survey of young people (ages 14-24) in the United States
3. Provide an overview of youth perspectives on mental health, health education, and adolescent health topics

Content Warning:

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Mental Health Orals

RBC Pathway to Peers: ED care for youth with mental health and substance use challenges

- **YOUTH-LED:** Bella Shulman (she/they) RBC P2P Peer Support Worker, Emergency Department, Mount Sinai Hospital, Jordyn Ethier (she/they), and Sydney Vogel (she/her)

A presentation and discussion about how Peer Support Workers with lived experience in mental health and substance use provide support and resources to young adults in the Emergency Department, how the program came to fruition, and future steps.

Objectives

1. Be able to summarize the creation and implementation of an innovative approach to supporting youth in the Emergency Department (ED)
2. Assess the RBC Pathway to Peers, peer support role in the ED considering that peers work from a lived experience lens
3. Specify how Peer Support Workers facilitate the provision of Trauma Informed Care

Content Warning: Self-harm, suicide, and mental illness.

Racism and the Mental Health of Chinese-Canadian Youth During the COVID-19 Pandemic

- **YOUTH-LED:** Isabella Ng (she/her) Nursing student, University of Alberta

We explored the perspectives of Chinese-Canadian youth regarding racial discrimination during the COVID-19 pandemic and its impacts on mental health. From focus groups and images that represented their experiences, we analyzed their accounts of racism, identifying themes to inform healthcare practice.

Objectives

1. Examine how Chinese-Canadian youth have been impacted by the COVID-19-driven anti-Asian racism by the setting (online, in-person), type (physical, verbal, witnessed), and relation to the perpetrator (peer, stranger).
2. Identify how youth's various responses to racism impact their mental health.
3. Assess personal responses to racism and use them to contextualize and confront current events.

Content Warning: Racism and racial slurs, mental illness, violence, sexual violence, body hatred, and classism.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Mental Health Orals (Continued).

Supporting Multiracial Teens and their Racial Identity Journey

- Lynn VanderWielen (she/her) PhD, MPH, Samahra
- Youth Partner: Alivia Smith (she/her)

Multiracial identity development is complex and nuanced, and few resources exist to support healthy and celebrated development for mixed teens. Through the direction of their Youth Advisory Council, Samahra created a mobile app for mixed teens that provides a safe space for validation and affirmation.

Objectives

1. Understand the complexity of multiracial identity formation
2. Describe how one organization engages a paid Youth Advisory Council to create a mobile app environment to support multiracial teens
3. Envision a world where multiracial teens have intentional support for their identity formation journey

Content Warning: No content warnings associated with this presentation.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Mental Health Orals (Continued).

Growing Hope; Lessons Learned Through Community Conversations on Youth Suicide Prevention

- Kelli R. Agrawal (she/her) MPH, University of South Florida, College of Public Health
- Youth Partner: Gina Demayo (she/her), Zero Suicide Communication Specialist, Suncoast Center

Suicide is a leading cause of death among adolescents in the United States. Many suicide prevention efforts encourage youth to seek help and speak up when experiencing complex life events or thoughts of suicide. However, few projects examine the role of communication as a resilience process for suicide prevention among youth. Using an Appreciative Inquiry framework, a Community-Academic Partnership in Pinellas County (Growing Hope) hosted a series of town halls on youth suicide prevention. Data were collected via separate Community Conversations with youth and adults during the town hall events. Key themes were identified and are being used to guide community-based suicide prevention efforts in Pinellas County, FL. Resources which increase connectedness, empathy, and communication are vital to supporting youth with their mental health and well-being. Zero Suicide Partners of Pinellas are amplifying youth voices in community-based outreach and education efforts related to youth suicide prevention.

Objectives

1. Define communication resilience.
2. Identify at least three protective factors to prevent youth suicide.
3. Explain the role of communication resilience in youth suicide prevention

Content Warning: Discussion of suicide, self-harm, bullying, substance use, identity-based discrimination, and mental illness.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Sexual Health Orals

Improving Contraceptive Use Among Latina Adolescents

- Kathleen Tebb, **PCORI-FUNDED RESEARCHER**
- Youth Partner: To be announced

Description to be announced

Objectives

1. Analyze the impact the Health-E You app has on supporting adolescents' use of effective contraception.
2. Assess the benefits and challenges of web-based applications for use in clinical practice.
3. Identify strategies to integrate the Health-E You app in clinical practice to support patient-centered contraceptive care.

Content Warning:

Ask Me First-CHOICES: A Sexual Consent Program for Adolescents with Intellectual/Developmental Disabilities

- Mika Baugh (she/her) MPH, Associate Instructor, Indiana University School of Public Health, **PCORI-FUNDED RESEARCHER**
- Jennifer Robinson (she/her) BS, Monroe County Community School Corporation
- Youth Partner: To be announced

The focus is on the implementation of a sexual consent program in a high school classroom for students with intellectual and developmental disabilities (IDD). The session will feature perspectives from researchers, a Special Education teacher, and a student with IDD who participated in the program.

Objectives

1. Describe the need for a sexual consent program for high school students with IDD
2. Describe the process to plan and implement a sexual consent program for high school students with IDD
3. List the challenges and successes related to the implementation of a sexual consent program in a high school classroom for students with IDD

Content Warning: The CHOICES Program contains information about obtaining consent related to sexual activity.

Detailed Agenda // Day 2 // EST

2:15 PM- 3:45 PM // Sexual Health Orals

Exploring Pleasure in Sex Education using a Youth-Centered Health Design approach

- Sarah Han (she/her) MPH, Project Coordinator, ETR
- Youth Partners: Eliana Fredrick (she/her), Jennifer Vidal (she/her), Violet Scott-Street (she/her), and Ruby Aronowitz (she/her)

Join ETR's Kirby Fellows as we guide you through our Youth-Centered Health Design journey exploring the question: *how might we address pleasure in sexuality education?* Learn about our design process and hear recommendations for how the field of sex education can address the topic of pleasure!

Objectives

1. Identify principles of youth-centered health design
2. Shift their language to promote equity with young people
3. Address the topic of pleasure with young people

Content Warning:

Detailed Agenda // Day 2 // EST

4:00 PM - 5:20 PM // Youth Featured Session

The Power of Play - Using Improvisation and Play to Improve Mental Health

- **YOUTH-LED:** Jewel Jordan (she/her), Faith Jones (she/her)
- Kelly Rossi (she/her) Program Director of the Detroit Creativity Project,
- Nancy Hayden (she/her) Executive Director of the Detroit Creativity Project
- Quintin Hicks (she/her) Actor, Improvisor

This presentation and performance aims to highlight the mental health benefits of cooperative game play through the theatrical art form of Improvisation. Practicing Improvisation can reduce anxiety in new situations, promote positive relationships among peers, and can provide space to give your brain a break. Expect to watch demonstrations of the Improvisation exercises talked about, and, if you're willing, an invitation participate in some of them (via chat).

Objectives

1. Learn new games and activities
2. Participate in activities in a low-stakes environment
3. Recognize the importance of feeling safe to fail
4. Explore the *Power of Agreement* - how each person saying yes leads to success for the group.

Content Warning: Expect the unexpected! All of the games are geared toward cooperative gameplay and working with one another, and we also leave space for thoughts and opinions that may not be our own. Not knowing what to expect can be uncomfortable, but we aim to create an environment where people feel safe to feel a little discomfort.

5:20 PM - 5:30 PM // Closing Remarks

- Adolescent Health Initiative: Director Dana Thomas, MPH (she/her)

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